

b.) What is the net work done on the body over the entire motion "L?" The easiest way to do this is dot the net force into the displacement:
$$\begin{split} & W_{net} = \vec{F}_{net} \cdot \vec{d} \\ & = |\vec{F}_{net}| \bullet |\vec{d}| \cos 180^{\circ} \\ & = -(47.8 \text{ N})(.65 \text{ m}) \\ & = -31.1 \text{ J} \end{split}$$
c.) What's the crate's final speed? With the net work already calculated, using the Work/Energy Theorem yields:
$$\begin{split} & W_{net} = \frac{1}{2}mv_2^2 - \frac{1}{2}mv_1^2 \\ & \Rightarrow v_2 = \sqrt{\frac{2}{m}(\frac{1}{2}mv_1^2 + W_{net})} \\ & = \sqrt{\frac{2}{(92 \text{ kg})}(\frac{1}{2}(92 \text{ kg})(.85 \text{ m/s})^2 + (-31.1 \text{ kg}))} \\ & = .66 \text{ m/s} \end{split}$$