

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Psych Sheet - D3 Swimming Prelims

Event 3 Girls 200 Yard Medley Relay Varsity

Div 3 Meet: 1:41.79 2014 Crean Lutheran

E Eastin, R Taylor, E Eastin, L Engel

NFHS Record: 1:36.98 2/11/2023 Carmel (IN)

B Berglund, M Sweeney, A Shackey, M Christman

AA Auto: 1:44.27

AA Cons: 1:46.16

Team	Relay	Seed Time
1	Quartz Hill	1:52.79 ___
2	South Torrance	1:55.75 ___
3	Rancho Cucamonga	1:57.13 ___
4	Costa Mesa	1:57.14 ___
5	Crean Lutheran	1:57.43 ___
6	Palm Desert	1:57.65 ___
7	Temecula Valley	1:57.75 ___
8	Archer School fo	1:57.90 ___
9	Louisville	1:58.34 ___
10	Xavier Prep	1:58.58 ___
11	Buena	1:58.63 ___
12	Temescal Canyon	1:59.48 ___
13	Fullerton	1:59.51 ___
14	El Dorado	1:59.70 ___
15	Sage Hill	2:00.70 ___
16	Canyon-Canyon Co	2:00.84 ___
17	Cypress	2:01.07 ___
18	Chaparral	2:01.21 ___
19	Westlake	2:01.39 ___
20	Oxford	2:01.69 ___
21	Liberty	2:01.90 ___
22	Warren	2:02.13 ___
23	Gabrielino	2:02.44 ___
24	San Dimas	2:02.46 ___
25	Brentwood	2:03.13 ___
26	Camarillo	2:03.49 ___
27	Thousand Oaks	2:03.61 ___
28	Webb	2:03.64 ___
29	Oak Park	2:03.94 ___
30	Redlands EV	2:03.95 ___
31	Murrieta Mesa	2:04.01 ___
32	Glendale	2:04.22 ___
33	Lakewood	2:04.56 ___
34	Malibu	2:04.99 ___
35	Da Vinci	2:05.36 ___
36	Alta Loma	2:05.49 ___
37	Western Chr	2:05.73 Alt_
38	Burr Bur	2:06.13 Alt_
39	Foothill Tech	2:06.15 Alt_
40	Castaic	2:06.17 Alt_

Event 4 Boys 200 Yard Medley Relay Varsity

Div 3 Meet: 1:33.78 2008 Oaks Christian

C Baratte, N Koon, C Bloch, M Craft

NFHS Record: 1:26.88 2/26/2022 Carmel (IN)

S Sullivan, R Malicki, A Shackey, C Selby

AA Auto: 1:32.76

AA Cons: 1:34.41

Team	Relay	Seed Time
1	Peninsula	1:37.58 ___
2	Crossroads	1:38.12 ___
3	Quartz Hill	1:40.50 ___
4	Chaparral	1:41.03 ___
5	Gabrielino	1:41.63 ___
6	Hart	1:41.66 ___
7	Oak Park	1:41.68 ___
8	Nordhoff	1:41.89 ___
9	Bonita	1:42.91 ___
10	SJ Bosco	1:43.06 ___
11	Citrus Valley	1:43.15 ___
12	Flintridge Prep	1:43.25 ___
13	Cate	1:43.59 ___
14	Bishop Montgomer	1:43.77 ___
15	Cypress	1:43.78 ___
16	Beaumont	1:43.98 ___
17	St Francis	1:44.39 ___
18	Aleman	1:44.74 ___
19	South Pasadena	1:44.81 ___
20	Rio Mesa	1:45.11 ___
21	Redlands EV	1:45.21 ___
22	Sierra Canyon	1:45.89 ___
23	El Modena	1:45.94 ___
24	Buena	1:46.13 ___
25	Great Oak	1:46.19 ___
26	La Quinta-Westmi	1:46.28 ___
27	Calabasas	1:46.41 ___
28	Fullerton	1:46.56 ___
29	Palm Springs	1:46.65 ___
30	Crespi	1:46.66 ___
31	Centennial-Cor	1:46.78 ___
32	Garden Grove	1:46.80 ___
33	Whitney	1:47.23 ___
34	West Covina	1:47.79 ___
35	Liberty	1:47.94 ___
36	Pacifica-GG	1:47.95 ___
37	Temecula Valley	1:48.30 Alt_
38	Burroughs-Ridg	1:48.35 Alt_
39	King	1:48.47 Alt_
40	Temescal Canyon	1:48.69 Alt_

Event 5 Girls 200 Yard Freestyle Varsity

Div 3 Meet: 1:47.48 2007 Emily Bibb

NFHS Record: 1:42.81 2008 Dagny Knutson

AA Auto: 1:48.74

AA Cons: 1:50.65

Name	Yr	School	Seed Time
1	Bethany Burga	Jr Quartz Hill	1:53.46 ___

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Event 5 ... (Girls 200 Yard Freestyle Varsity)

Name	Yr	School	Seed Time
2 Kayla Thompson	00	South Torrance	1:54.83
3 Ava Otteson	So	Xavier Prep	1:55.72
4 Gwen Asbury	So	Liberty	1:55.73
5 Abigail Chatalyan	Jr	Burr Bur	1:55.73
6 Melina Seider	So	Nordhoff	1:57.01
7 Tallula Murphree	Jr	Malibu	1:57.85
8 Maya Chin	So	Webb	1:58.41
9 Amelia Hines	Sr	Archer School fo	1:58.99
10 Heidi Tufo	Sr	St. Margarets	1:59.68
11 Addison Schneider	00	Murrieta Mesa	2:00.36
12 Grace Asbury	Fr	Liberty	2:01.74
13 Chloe Hills	Fr	Costa Mesa	2:02.25
14 Ashley Ratoiu	Sr	Temescal Canyon	2:02.60
15 Riley Brunett	So	Palm Desert	2:03.17
16 Madelyn Krestul	So	Canyon-Canyon Co	2:03.47
17 Alexandra Launais	Sr	Westlake	2:03.88
18 Lily Mastro	Fr	Pacifica-GG	2:04.33
19 Zoe Fairley	Fr	Westlake	2:04.93
20 Maria Chavez	Fr	Valley View	2:05.65
21 Zara Dragoi	So	Thousand Oaks	2:06.51
22 Frances Lawton	So	Marymount	2:06.60
23 Alaina Vega	So	Palm Springs	2:06.62
24 Kendall Nagaoka	Sr	Buena	2:06.96
25 Linnea Sundeen	Sr	Culver City	2:07.27
26 Meghan Roney	Fr	Villanova Prep	2:07.74
27 Kelly Kaufman	Fr	La Habra	2:08.63
28 Allie Jones	Sr	Cypress	2:08.84
29 Abbygale Grunberger	Jr	Westlake	2:08.84
30 Angelina Cinquemani	So	Alta Loma	2:09.13
31 Jasmine Eskander	Fr	South Torrance	2:09.70
32 Andrea Cornejo	Jr	Da Vinci	2:09.89
33 Erin Gogley	Jr	St. Joseph	2:10.70
34 Kennedy Walker	Sr	Costa Mesa	2:11.28
35 Madeleine Kollock	Fr	Cate	2:11.58
36 Grace McIntyre	Jr	Louisville	2:11.97
37 Vanessa Kragelund	Jr	Maranatha	2:12.39 Alt
38 Michelle Hoang	Sr	Garden Grove	2:12.84 Alt
39 Kaley Robison	Jr	Camarillo	2:13.84 Alt
40 Maya Sarabia	Jr	Rosary	2:13.99 Alt

Event 6 Boys 200 Yard Freestyle Varsity

Name	Yr	School	Seed Time
1 Quin Seider	Sr	Nordhoff	1:36.94
2 Ryan Novak	Sr	Cypress	1:43.55
3 Hunter Tamura	00	Yucaipa	1:45.66
4 Pablo Ingram	Fr	Oak Park	1:45.80
5 Jack Pointner	So	Buena	1:46.17
6 Jake Carlson	Sr	Bonita	1:47.45
7 William Dahnke	Fr	Redlands EV	1:47.87
8 Thorson Pearson	Jr	Pasadena	1:48.68
9 Isaac Jung	So	Flintridge Prep	1:49.21

10 Edmund Bui	Fr	El Modena	1:49.48
11 Jeremiah Ireland	Sr	Redlands EV	1:50.04
12 Wil Rivera	Fr	Cate	1:50.10
13 Nathan Weng	Sr	Gabrielino	1:50.26
14 Eric Zhou	Sr	Bishop Montgomer	1:50.54
15 Brendan Gray	Sr	Temescal Canyon	1:50.57
16 Aaron Lee	Jr	Whitney	1:50.96
17 Ryan Manzanero	So	Pasadena	1:51.03
18 Braden Dwelley	Sr	Elsinore	1:51.18
19 Archie Lai	So	Gabrielino	1:52.11
20 Anthony Kim	So	Sierra Canyon	1:52.39
21 Ian Howard	Sr	King	1:53.24
22 Zach White	Sr	Cate	1:53.36
23 Josiah Smee	Jr	Burrroughs-Ridg	1:53.36
24 Matthew Tarascio	Jr	JW North	1:53.40
25 Anthony Duenes	Jr	San Dimas	1:53.44
26 Antonio Quiroz	Jr	Peninsula	1:53.86
27 Matthew Glennon	So	Great Oak	1:54.18
28 Brayden Black	Sr	Buena	1:54.19
29 Enzo D'Este	Jr	Crespi	1:54.35
30 Franco Lee	Sr	Peninsula	1:54.46
31 Joseph Kirchmann	So	Hart	1:54.46
32 Joaquin Suggang	So	Calabasas	1:54.54
33 Noah Park	So	South Pasadena	1:54.89
34 Luke Edmundson	Jr	Pacifica-GG	1:55.63
35 Adrian Reyes	Jr	Westminster	1:55.97
36 Matthew Munoz	So	Tustin	1:56.01
37 David Thomas	So	Citrus Valley	1:56.07 Alt
38 Joshua Poylio	Sr	El Modena	1:56.08 Alt
39 Nathan Bilodeau	Jr	Xavier Prep	1:56.16 Alt
40 Jackson Dincin	Jr	Bonita	1:56.41 Alt

Event 7 Girls 200 Yard IM Varsity

Div 3 Meet: 1:55.15 2013	Ella Eastin
NFHS Record: 1:53.38 5/13/2023	Teagan O'Dell
AA Auto: 2:01.46	
AA Cons: 2:04.01	

Name	Yr	School	Seed Time
1 Grace Wharton	Sr	El Modena	2:03.34
2 Cynthia Hu	So	Foothill Tech	2:11.23
3 Zoe Reynolds	Sr	St. Margarets	2:12.12
4 Maya Cravens	So	Temecula Valley	2:13.15
5 Caroline Bi	So	Oak Park	2:14.64
6 Linden Wong	Jr	Brentwood	2:15.28
7 Wendy Zeiss	Fr	Immaculate Heart	2:16.21
8 Sydney Cruz	Fr	Fullerton	2:16.30
9 Chloe Rivers	So	Temescal Canyon	2:16.46
10 Kalona Kok	Jr	South Torrance	2:16.98
11 Delaney Cowan	Sr	Castaic	2:17.02
12 Lily Guevara	Jr	Fullerton	2:17.30
13 Abby Guevara	00	Fullerton	2:19.76
14 Audrey Lee	So	Rancho Cucamonga	2:20.04
15 Melanie Pang	Fr	Costa Mesa	2:20.39
16 Kianna Thai	Jr	Gabrielino	2:20.85
17 Ysabelle Lorenzo	00	Palm Desert	2:21.03
18 Kelsey Flores	Fr	JW North	2:23.29
19 Jen Won	So	Cate	2:23.69

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Event 7 ... (Girls 200 Yard IM Varsity)

Name	Yr	School	Seed Time	
20 Kaia Henty-Dodd	Jr	Da Vinci	2:23.71	___
21 Clara Gerlach	Fr	South Torrance	2:23.89	___
22 Ashlyn Allen	Jr	Redlands EV	2:24.38	___
23 Bouquet Vinyard	Jr	Hemet	2:24.61	___
24 Kaela Hashimoto	So	Torrance	2:26.08	___
25 Cynthia Lan	Jr	Yorba Linda	2:26.33	___
26 Keira Pak	So	El Dorado	2:26.46	___
27 Olivia DeCierdo	Jr	Buena	2:26.57	___
28 Leslie Ramirez	00	Murrieta Mesa	2:27.06	___
29 Angelica Limon	Sr	Schurr	2:27.21	___
30 Kylie Caston	So	Crean Lutheran	2:27.53	___
31 Leah Courtney	00	Murrieta Mesa	2:27.74	___
32 Anastasia Zubkoff	Sr	Burr Bur	2:27.96	___
33 Sophia Shahabi	Jr	Culver City	2:27.99	___
34 Madison Coss	Sr	San Dimas	2:28.36	___
35 Kyla Kitchen	Jr	Camarillo	2:29.21	___
36 Mikaela Clabaugh	Jr	Foothill Tech	2:29.32	___
37 Abigail Eldridge	Sr	Xavier Prep	2:29.89	Alt_
38 Chloe Cayetano	Jr	Valley View	2:30.24	Alt_
39 Meka Go	Jr	Immaculate Heart	2:30.34	Alt_
40 Krista Caballeros	Sr	Maranatha	2:30.49	Alt_

Event 8 Boys 200 Yard IM Varsity

Div 3 Meet: 1:49.33 5/2/2019 Jason Schreiber				
NFHS Record: 1:41.39 2011 David Nolan				
AA Auto: 1:49.50				
AA Cons: 1:51.52				
Name	Yr	School	Seed Time	
1 Lincoln Jones	Jr	La Mirada	1:55.43	___
2 Jack O'Shaughnessy	Sr	Bishop Montgomer	1:55.62	___
3 Luke Haas	So	Sierra Canyon	1:56.71	___
4 Henry Yang	Fr	Flintridge Prep	1:57.01	___
5 March Yuan	Sr	Oak Park	1:57.43	___
6 Bryce Hitter	Sr	Citrus Valley	1:58.70	___
7 Nikita Cutidioc	Jr	Alemanay	1:59.78	___
8 Jack Reardon	Jr	Xavier Prep	2:00.22	___
9 Christopher Delacruz	Fr	Peninsula	2:00.49	___
10 Kevin Han	Fr	Peninsula	2:01.01	___
11 Liam Kaas	Sr	Liberty	2:01.57	___
12 Marshall Smith	Sr	Beverly Hills	2:01.95	___
13 Roger Chen	Fr	SJ Bosco	2:02.37	___
14 Cole Chang	Sr	Fullerton	2:02.74	___
15 Conner Alvarez	So	Quartz Hill	2:03.11	___
16 Nolan Yokoyama	Fr	Hart	2:03.33	___
17 Nathaniel Brake	So	SJ Bosco	2:04.46	___
18 Nate Johnson	So	Buena	2:05.59	___
19 Ian Kim	So	Cypress	2:05.72	___
20 Ethan Yun	Sr	Gabrielino	2:06.48	___
21 Eric Jin	So	Cate	2:06.73	___
22 Jake Hirshberg	Sr	Crossroads	2:07.26	___
23 Kyle Sarmiento	Fr	Covina	2:07.55	___
24 Devon Liang	Fr	Cate	2:08.13	___
25 Rithvik Ravishankar	So	Redlands EV	2:08.22	___
26 Phin Stephenson	Jr	Cate	2:08.40	___
27 Justin Hamilton	Jr	Hart	2:08.42	___

28 Ben White	Jr	Cate	2:08.51	___
29 Philip Lim	Fr	South Pasadena	2:08.51	___
30 Andon Hanson	Jr	San Dimas	2:09.21	___
31 Michael Ramirez	Sr	Buena	2:09.38	___
32 Marcos Cordero	Jr	Great Oak	2:09.43	___
33 Flynn VanAuker	Fr	Nordhoff	2:09.64	___
34 Toby Swanson	00	Fullerton	2:09.92	___
35 Matthew Low	Jr	Whitney	2:10.59	___
36 MingChen Jin	So	Oak Park	2:11.47	___
37 Julian Reyes	So	Whittier	2:12.94	Alt_
38 Riley Whitmore	Sr	Great Oak	2:13.38	Alt_
39 Xavier Potencion	Jr	Beaumont	2:13.50	Alt_
40 Adam Taylor	Jr	Whitney	2:14.71	Alt_

Event 9 Girls 50 Yard Freestyle Varsity

Div 3 Meet: 22.53 2013 Lindsey Engel				
NFHS Record: 21.59 2/7/2020 Gretchen Walsh				
AA Auto: 23.08				
AA Cons: 23.50				
Name	Yr	School	Seed Time	
1 Carolyn Kao	Sr	San Dimas	24.24	___
2 Jaydah Godbolt	So	Hemet	24.33	___
3 Bailey Nickols	Fr	Quartz Hill	24.38	___
4 Lacey Thompson	Sr	Archer School fo	24.90	___
5 Addison Bruno	So	Buena	24.92	___
6 Catherine Bingaman	So	Marymount	24.95	___
7 Maya Cravens	So	Temecula Valley	25.25	___
8 Amelie Pinkernell	Sr	Nordhoff	25.32	___
9 Madison Dockery	00	Temecula Valley	25.39	___
10 Karolina Sangasy	Fr	Costa Mesa	25.43	___
11 Camilla Guillermo	Jr	Burr Bur	25.43	___
12 Juliette Early	So	Arr. Chr	25.47	___
13 Nadia Frutkin	So	Palm Desert	25.59	___
14 Kaitlin Craig	Sr	Valley View	25.62	___
15 Megan Medina	Jr	Rancho Cucamonga	25.74	___
16 Madelyn Krestul	So	Canyon-Canyon Co	25.89	___
17 Isabelle Drossel	Sr	Quartz Hill	25.98	___
18 Madeline Yu	Jr	Canyon-Canyon Co	25.99	___
19 Vivi Ta	So	Sage Hill	25.99	___
20 Natalia Ferrette	Sr	Chaparral	26.02	___
21 Tanaz Engineer	Fr	Da Vinci	26.03	___
22 Sophia Novak	Fr	Cypress	26.07	___
23 Reagan Glidewell	Sr	Fullerton	26.15	___
24 Savannah Barrack	Fr	Marymount	26.19	___
25 Allison Foos	Jr	Calvary Christia	26.20	___
26 Teagen Bivens	Fr	Western Chr	26.21	___
27 Taylor Cain	Fr	Crean Lutheran	26.26	___
28 Carly Berzins	So	Alta Loma	26.31	___
29 Kaia Henty-Dodd	Jr	Da Vinci	26.35	___
30 Stella Rogers	Jr	Cate	26.36	___
31 Abigail Kim	Jr	Agoura	26.38	___
32 Zoe Gaynor	Jr	Louisville	26.43	___
33 Cara Chow	So	Calvary Christia	26.44	___
34 Sarah Vaca	Sr	Cypress	26.46	___
35 Zara Dragoi	So	Thousand Oaks	26.51	___
36 Chloe Wool-Smith	Fr	Costa Mesa	26.56	___
37 Lily Arjomand	Jr	Brentwood	26.65	Alt_

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Event 9 ... (Girls 50 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Alt
38 Leela Hauck	Sr	Castaic	26.65	Alt
39 Annika Tufo	So	St. Margarets	26.67	Alt
40 Marisa Lemus	So	West Covina	26.70	Alt

Event 10 Boys 50 Yard Freestyle Varsity

Div 3 Meet:	19.43	2010	Vladimir Morozov
NFHS Record:	19.20	2/20/2021	Aiden Hayes
AA Auto:	20.43		
AA Cons:	20.85		

Name	Yr	School	Seed Time	Alt
1 Miles Blackson-Dunbar	So	Crossroads	20.57	___
2 Jaydan Chau	Sr	Covina	20.73	___
3 David Mazyan	Jr	Agoura	21.34	___
4 Gio Demuro	Sr	Tustin	21.49	___
5 Ryan Lee	Sr	Burr Bur	21.56	___
6 Elliott Drottar	So	Oak Park	21.64	___
7 Zachary Shoaf	Jr	Great Oak	21.69	___
8 Max Distaso	Sr	Bonita	21.70	___
9 Yaroslav Puryshv	Sr	Beaumont	21.81	___
10 Aharon Villegas-Resend	Sr	Cabrillo(LB)	21.95	___
11 Dylan Ranshaw	Sr	Chaparral	22.17	___
12 Athan Boutakidis	Sr	Flintridge Prep	22.29	___
13 Filip Kurial	Sr	Malibu	22.33	___
14 Jadon Rhee	Jr	Pacifica-GG	22.41	___
15 Jack Rodenkirch	Fr	Peninsula	22.44	___
16 Joba Samson	Jr	Cate	22.46	___
17 Caleb Jones	Sr	Buena	22.48	___
18 Henry Lawrence	Jr	Brentwood	22.62	___
19 Aidan Staton	Jr	Palm Springs	22.65	___
20 Beckett Page	Jr	Beverly Hills	22.69	___
21 Ridley Tolleson	Jr	Flintridge Prep	22.75	___
22 Kyle Walker	00	Temecula Valley	22.76	___
23 Miguel Yau	Jr	Gabrielino	22.80	___
24 Teagan Arnold	Sr	Great Oak	22.83	___
25 Daniel Oroszlan	Sr	Calabasas	22.86	___
26 Christopher Cain	Jr	Sierra Canyon	22.91	___
27 Wyatt Munger	So	Buena	22.99	___
28 Phu Trinh	Sr	Garden Grove	23.01	___
29 Josiah Scott	Sr	Tustin	23.02	___
30 Julian Almanza	Jr	SJ Bosco	23.02	___
31 Sean Phan	So	Gabrielino	23.08	___
32 Gabby Grafstein	Sr	Beverly Hills	23.15	___
33 Barron Murdock	So	El Modena	23.20	___
34 Kai Pringle	Sr	Crossroads	23.25	___
35 Justin Hamilton	Jr	Hart	23.25	___
36 Jthan Mateo	Jr	Covina	23.30	___
37 Aidan Whitney	Sr	Crespi	23.30	___
38 Thomas Romesser	So	Bishop Montgomer	23.30	___
39 Ryker Cummings	Sr	Elsinore	23.31	Alt
40 Hieu Trinh	So	Garden Grove	23.31	Alt

Event 11 Girls 100 Yard Butterfly Varsity

Div 3 Meet:	52.88	5/2/2019	Justina Kozan
NFHS Record:	49.24	2/10/2022	Claire Curzan
AA Auto:	54.38		
AA Cons:	55.48		

Name	Yr	School	Seed Time	Alt
1 Abigail Chatalyan	Jr	Burr Bur	59.08	___
2 Natalia Ferrette	Sr	Chaparral	59.52	___
3 Kalona Kok	Jr	South Torrance	59.56	___
4 Zoe Reynolds	Sr	St. Margarets	1:00.44	___
5 Magnolia Ahking	Fr	Quartz Hill	1:00.56	___
6 Heidi Tufo	Sr	St. Margarets	1:00.59	___
7 Lily Surjadinata	Sr	El Dorado	1:00.65	___
8 Elizabeth Lee	Fr	Oxford	1:01.02	___
9 Tanaz Engineer	Fr	Da Vinci	1:01.14	___
10 Madison Dockery	00	Temecula Valley	1:01.49	___
11 Vivi Ta	So	Sage Hill	1:01.60	___
12 Delaney Cowan	Sr	Castaic	1:01.94	___
13 Emily Robertson	Jr	San Dimas	1:02.09	___
14 Ryann Priest	Jr	Crean Lutheran	1:02.22	___
15 Ashley Ratoiu	Sr	Temescal Canyon	1:02.51	___
16 Ruth Harkins	Sr	Crean Lutheran	1:03.05	___
17 Jaden Loninia	Fr	Louisville	1:03.41	___
18 Grace McIntyre	Jr	Louisville	1:03.47	___
19 Jen Won	So	Cate	1:03.49	___
20 Braelynn Davis	So	Chaparral	1:04.59	___
21 Destiny Moreno	Sr	Schurr	1:05.04	___
22 Lila Gomez-Smith	Jr	Camarillo	1:05.08	___
23 Linnea Sundeen	Sr	Culver City	1:05.60	___
24 Kendall Nagaoka	Sr	Buena	1:05.65	___
25 Maggie Yan	00	Temecula Valley	1:05.71	___
26 Lily Munoz	So	St. Joseph	1:05.72	___
27 Kaela Hashimoto	So	Torrance	1:05.91	___
28 Kaylee Cuizon	Fr	Lakewood	1:05.96	___
29 Sophia Toschak	Fr	Chaparral	1:06.19	___
30 Diana Yoo	Fr	South Torrance	1:06.48	___
31 Meka Go	Jr	Immaculate Heart	1:06.51	___
32 Addie Arturi	So	Redlands EV	1:06.73	___
33 Laura Teegarden	Jr	Westlake	1:06.74	___
34 Leslie Ramirez	00	Murrieta Mesa	1:06.81	___
35 Olivia Kim	Sr	Xavier Prep	1:06.95	___
36 Amanda Nguyen	Jr	Garden Grove	1:07.03	___
37 Raegan Powers	Sr	Rancho Cucamonga	1:07.26	Alt
38 Maya Campo	Sr	Thousand Oaks	1:07.90	Alt
39 Nina Sichta	So	Malibu	1:08.38	Alt
40 Sophia Shahabi	Jr	Culver City	1:08.54	Alt

Event 12 Boys 100 Yard Butterfly Varsity

Div 3 Meet:	47.13	2002	Michael Cavic
NFHS Record:	44.97	2/25/2023	Scotty Buff
AA Auto:	48.57		
AA Cons:	49.69		

Name	Yr	School	Seed Time	Alt
1 Alex Thornton	Jr	Peninsula	50.62	___
2 David Toschak	Sr	Chaparral	51.55	___
3 Jaiden Monroe	Sr	Rio Mesa	51.96	___

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Name	Yr	School	Seed Time	
4 Alexander Hernandez	Fr	Great Oak	54.43	___
5 Isaac Jung	So	Flintridge Prep	54.46	___
6 Marco Uribe	Jr	SJ Bosco	54.52	___
7 Nolan Wyser	Sr	El Modena	54.70	___
8 Aidan Staton	Jr	Palm Springs	54.95	___
9 Jeremy Araneta	Sr	Elsinore	55.05	___
10 Trevor Ngo	Sr	Bonita	55.12	___
11 Kaelan Grimaldo	Jr	Alemany	55.26	___
12 Mosheh Villegas-Resenc	Sr	Cabrillo(LB)	55.52	___
13 Robert Rayfield	Sr	La Mirada	55.65	___
14 Joaquin Ortega	So	Hart	55.69	___
15 Edward Navarro	Jr	Whittier	55.78	___
16 Grant Judkins	Jr	South Pasadena	55.91	___
17 Aiden Goodall	Jr	Temescal Canyon	55.95	___
18 Aiden Taylor	Fr	Yorba Linda	55.95	___
19 Ian Venegas Fiedler	Fr	Quartz Hill	56.08	___
20 Calvin Cao	Jr	La Quinta-Westmi	56.14	___
21 Giovanni Corsey	Jr	Centennial-Cor	56.31	___
22 Xander Martin	So	Quartz Hill	56.33	___
23 Kyler Ho	Sr	South Pasadena	56.52	___
24 Josiah Hansen	Fr	Cate	56.57	___
25 Owen Bollert	Sr	St Francis	56.67	___
26 Elijah C. Scott	Jr	Tustin	56.71	___
27 Kaden Tan	Sr	Gabrielino	56.71	___
28 Graham Searfus	So	Yorba Linda	56.85	___
29 Michael Pham	Jr	La Quinta-Westmi	56.96	___
30 Ethan Soni	Jr	Hart	57.13	___
31 Hieu Trinh	So	Garden Grove	57.21	___
32 Lucas Cornejo	Jr	Rio Mesa	57.48	___
33 Delton Louie	Jr	Gabrielino	57.69	___
34 Adrian Barrios	Sr	South Hills	57.73	___
35 Christian Salinas	Sr	SJ Bosco	57.75	___
36 Daniel Huang	Jr	Peninsula	57.80	___
37 Riley Whitmore	Sr	Great Oak	58.00	Alt_
38 Kyle Sarmiento	Fr	Covina	58.03	Alt_
39 Sean Amet	Jr	Centennial-Cor	58.11	Alt_
40 Jacob Bradbury	Jr	Beaumont	58.17	Alt_

Event 13 Girls 100 Yard Freestyle Varsity

Name	Yr	School	Seed Time	
1 Ava Otteson	So	Xavier Prep	51.77	___
2 Carolyn Kao	Sr	San Dimas	52.78	___
3 Morgan Carles	Jr	Ocean View	52.88	___
4 Bailey Nickols	Fr	Quartz Hill	53.23	___
5 Catherine Bingaman	So	Marymount	54.62	___
6 Karolina Sangasy	Fr	Costa Mesa	54.74	___
7 Madeline Stagg	Jr	Sage Hill	54.90	___
8 Nadia Frutkin	So	Palm Desert	54.95	___
9 Addison Bruno	So	Buena	54.95	___
10 Lacey Thompson	Sr	Archer School fo	55.13	___
11 Maren Bursek	Fr	Buena	55.29	___

12 Megan Medina	Jr	Rancho Cucamonga	56.20	___
13 Genevieve Lackna	Fr	Crean Lutheran	56.34	___
14 Juliette Early	So	Arr. Chr	56.41	___
15 Sophia Novak	Fr	Cypress	57.01	___
16 Kaitlin Craig	Sr	Valley View	57.18	___
17 Isabelle Drossel	Sr	Quartz Hill	57.50	___
18 Carly Berzins	So	Alta Loma	57.78	___
19 Faith Marshall	Jr	Royal	57.78	___
20 Jahzara Garbutt	So	Cajon	57.90	___
21 Marisa Lemus	So	West Covina	58.07	___
22 Allison Foos	Jr	Calvary Christia	58.21	___
23 Emma Gallagher	Jr	South Torrance	58.22	___
24 Abigail Kim	Jr	Agoura	58.32	___
25 Savannah Barrack	Fr	Marymount	58.44	___
26 Gabrielle Singer	Jr	Ocean View	58.52	___
27 Analee Lam	Sr	Camarillo	58.54	___
28 Madeleine Kollock	Fr	Cate	58.68	___
29 Angelina Cinquemani	So	Alta Loma	58.68	___
30 Zoe Jennings	Sr	Hemet	58.70	___
31 Chloe Cayetano	Jr	Valley View	58.76	___
32 Stella Rogers	Jr	Cate	58.80	___
33 Zoe Gaynor	Jr	Louisville	58.84	___
34 Chloe Wool-Smith	Fr	Costa Mesa	58.92	___
35 Niamh Cooper	Sr	Xavier Prep	59.19	___
36 Anastasya Gamboa	Fr	Rancho Cucamonga	59.39	___
37 Addie Juelfs	Sr	Costa Mesa	59.46	Alt_
38 Ally Burke	Jr	Malibu	59.57	Alt_
39 Jolie Diep	So	Oxford	59.61	Alt_
40 Sarah Alexander	Jr	Cajon	59.64	Alt_
41 Victoria Tu	Sr	West Covina	59.64	Alt_
42 Ariah Martinez	Jr	Chaparral	59.64	Alt_

Event 14 Boys 100 Yard Freestyle Varsity

Name	Yr	School	Seed Time	
1 Quin Seider	Sr	Nordhoff	44.39	___
2 Nathan Kim	Sr	St Francis	44.80	___
3 Miles Blackson-Dunbar	So	Crossroads	46.55	___
4 Ryan Lee	Sr	Burr Bur	46.62	___
5 David Mazyan	Jr	Agoura	46.75	___
6 Gio Demuro	Sr	Tustin	47.25	___
7 Yaroslav Puryshv	Sr	Beaumont	48.29	___
8 Dylan Ranshaw	Sr	Chaparral	48.34	___
9 Elliott Drott	So	Oak Park	48.56	___
10 Aharon Villegas-Resend	Sr	Cabrillo(LB)	48.69	___
11 Filip Kurial	Sr	Malibu	48.69	___
12 Zachary Shoaf	Jr	Great Oak	49.23	___
13 Jack Rodenkirch	Fr	Peninsula	49.30	___
14 Jack Pointner	So	Buena	49.33	___
15 Henry Lawrence	Jr	Brentwood	49.37	___
16 Thorson Pearson	Jr	Pasadena	49.45	___
17 William Dahnke	Fr	Redlands EV	49.50	___
18 Jthan Mateo	Jr	Covina	50.09	___
19 Alec Anson Chang	Jr	Centennial-Cor	50.10	___

Div 3 Meet: 43.44 2010 **Vladimir Morozov**
NFHS Record: 42.14 11/4/2023 **Kai Winkler**
AA Auto: 44.83
AA Cons: 45.64

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Event 14 ... (Boys 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	
20 Wyatt Munger	So	Buena	50.28	___
21 Phu Trinh	Sr	Garden Grove	50.47	___
22 Robert Rayfield	Sr	La Mirada	50.48	___
23 Nathan Weng	Sr	Gabrielino	50.51	___
24 Miguel Yau	Jr	Gabrielino	50.53	___
25 Caleb Jones	Sr	Buena	50.53	___
26 Cedrick Khuu	Sr	La Quinta-Westmi	50.57	___
27 Travis Pang	Jr	San Dimas	50.65	___
28 Aaron Mackinnon	Sr	Garden Grove	50.69	___
29 Enzo D'Este	Jr	Crespi	50.74	___
30 Josiah Scott	Sr	Tustin	50.78	___
31 Jackson Warila	Sr	Palm Springs	50.85	___
32 Simon Bricker	Sr	Great Oak	50.90	___
33 Ridley Tolleson	Jr	Flintridge Prep	50.93	___
34 Teagan Arnold	Sr	Great Oak	50.94	___
35 Julian Almanza	Jr	SJ Bosco	50.95	___
36 Nathan Julian Burgos	Sr	Cypress	51.05	___
37 Kai Timbadia	So	Flintridge Prep	51.10	Alt_
38 Jackson Ross	Jr	Muir	51.30	Alt_
39 Pierce Stoever	Jr	King	51.31	Alt_
40 Kristian Loza	Jr	Quartz Hill	51.32	Alt_

Event 15 Girls 500 Yard Freestyle Varsity

Div 3 Meet: 4:44.47 2013 Ella Eastin			
NFHS Record: 4:34.78 2008 Dagny Knutson			
AA Auto: 4:53.06			
AA Cons: 4:58.20			
Name	Yr	School	Seed Time
1 Amelia Hines	Sr	Archer School fo	5:00.24
2 Gwen Asbury	So	Liberty	5:06.64
3 Cynthia Hu	So	Foothill Tech	5:06.92
4 Melina Seider	So	Nordhoff	5:10.70
5 Autumn Moya	Jr	Corona	5:18.86
6 Addison Schneider	00	Murrieta Mesa	5:19.61
7 Maya Chin	So	Webb	5:20.14
8 Sydney Cruz	Fr	Fullerton	5:21.05
9 Wendy Zeiss	Fr	Immaculate Heart	5:23.85
10 Lily Mastro	Fr	Pacifica-GG	5:29.31
11 Alexandra Launais	Sr	Westlake	5:32.19
12 Mikayla Barre	Sr	Crean Lutheran	5:32.63
13 Tallula Murphree	Jr	Malibu	5:33.32
14 Zoe Fairley	Fr	Westlake	5:33.74
15 Jasmine Eskander	Fr	South Torrance	5:36.33
16 Chloe Hills	Fr	Costa Mesa	5:36.49
17 Kelsey Flores	Fr	JW North	5:36.53
18 Bouquet Vinyard	Jr	Hemet	5:37.87
19 Frances Lawton	So	Marymount	5:39.12
20 Alaina Vega	So	Palm Springs	5:41.31
21 Iris Campbell	Fr	Corona	5:43.20
22 Abbygale Grunberger	Jr	Westlake	5:45.15
23 Kelly Kaufman	Fr	La Habra	5:50.12
24 Meghan Roney	Fr	Villanova Prep	5:50.69
25 Audrey Clock	Sr	Cypress	5:51.13
26 Erin Gogley	Jr	St. Joseph	5:51.44
27 Victoria Shlimovich	Fr	Brentwood	5:54.85

28 Hanna Denson	Sr	Thousand Oaks	5:55.23	___
29 Kennedy Walker	Sr	Costa Mesa	5:56.50	___
30 Marlene Isaacson	Sr	Lakewood	5:56.58	___
31 Lillian Rauzon	Jr	South Torrance	5:56.96	___
32 Kennedy Mobley	Sr	Elsinore	5:57.76	___
33 Olivia Kim	Sr	Xavier Prep	5:58.19	___
34 Destiny Moreno	Sr	Schurr	5:58.84	___
35 Maya Sarabia	Jr	Rosary	5:58.87	___
36 Abi Kerns	Fr	Thousand Oaks	5:59.13	___
37 Julia Becerra	So	Schurr	5:59.39	Alt_
38 Talia Lutz	Sr	Marymount	5:59.76	Alt_
39 Annika Shah	So	Sage Hill	6:00.09	Alt_
40 Meredith Ho	So	Archer School fo	6:00.46	Alt_

Event 16 Boys 500 Yard Freestyle Varsity

Div 3 Meet: 4:21.10 1992 Chad Carvin				
NFHS Record: 4:12.70 5/5/2023 Rex Maurer				
AA Auto: 4:29.39				
AA Cons: 4:33.16				
Name	Yr	School	Seed Time	
1 Ryan Novak	Sr	Cypress	4:40.16	
2 Pablo Ingrum	Fr	Oak Park	4:43.76	
3 Hunter Tamura	00	Yucaipa	4:45.55	
4 Luca Miyake	Sr	Beverly Hills	4:46.94	
5 Edmund Bui	Fr	El Modena	4:49.24	
6 Eric Zhou	Sr	Bishop Montgomer	4:51.14	
7 Marshall Smith	Sr	Beverly Hills	4:55.17	
8 Jeremiah Ireland	Sr	Redlands EV	5:01.53	
9 Beckett Page	Jr	Beverly Hills	5:01.65	
10 Aaron Lee	Jr	Whitney	5:03.52	
11 Ryan Manzanero	So	Pasadena	5:03.61	
12 Brendan Gray	Sr	Temescal Canyon	5:03.84	
13 Toby Swanson	00	Fullerton	5:05.53	
14 Adrian Reyes	Jr	Westminster	5:05.55	
15 Edward Navarro	Jr	Whittier	5:05.94	
16 Wil Rivera	Fr	Cate	5:06.19	
17 Anthony Kim	So	Sierra Canyon	5:06.97	
18 Anthony Duenes	Jr	San Dimas	5:09.16	
19 Matthew Glennon	So	Great Oak	5:10.09	
20 Elliot Paige	So	Cate	5:10.84	
21 Joaquin Sucgang	So	Calabasas	5:11.81	
22 Thor Samuel	Jr	Muir	5:13.32	
23 Jackson Dincin	Jr	Bonita	5:14.05	
24 Matthew Vasquez	Sr	West Covina	5:14.11	
25 Curtis Wisenhunt	00	Temecula Valley	5:14.97	
26 Antonio Quiroz	Jr	Peninsula	5:15.07	
27 Luke Edmundson	Jr	Pacifica-GG	5:15.42	
28 Brice Huxen	Jr	SJ Bosco	5:16.03	
29 Franco Lee	Sr	Peninsula	5:16.26	
30 Jack Stalford	Jr	Brentwood	5:17.26	
31 Josiah Sme	Jr	Burroughs-Ridg	5:17.87	
32 Evan Marshall	So	Hemet	5:20.37	
33 David Thomas	So	Citrus Valley	5:20.80	
34 Cutler Henrie	00	Yucaipa	5:23.12	
35 Kylan Jaeger	So	Foothill Tech	5:23.27	
36 Joseph Kirchmann	So	Hart	5:24.62	
37 Jackson Kane	So	Redlands EV	5:25.40	Alt_

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Event 16 ... (Boys 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Alt
38 Mason Perrigue	Fr	Flintridge Prep	5:25.61	Alt
39 Michael Ginnett	So	El Modena	5:25.72	Alt
40 Camden Ackerman	Sr	Chaparral	5:26.19	Alt

Event 17 Girls 200 Yard Freestyle Relay Varsity

Div 3 Meet: 1:37.05 5/2/2019 Walnut

A Grant, S Bennani, K Poon, J Kozan

NFHS Record: 1:29.61 3/28/2023 Santa Margarita

T Salvino, A Kozan, G Aquino, T O'Dell

AA Auto: 1:35.36

AA Cons: 1:37.15

Team	Relay	Seed Time	Alt
1 Quartz Hill		1:43.40	___
2 Archer School fo		1:45.61	___
3 St. Margarets		1:46.08	___
4 Buena		1:46.16	___
5 Da Vinci		1:46.30	___
6 Cate		1:46.31	___
7 El Dorado		1:46.35	___
8 Temecula Valley		1:46.40	___
9 Marymount		1:46.44	___
10 Louisville		1:46.53	___
11 Rancho Cucamonga		1:47.10	___
12 San Dimas		1:47.22	___
13 Valley View		1:47.32	___
14 Oxford		1:47.33	___
15 Costa Mesa		1:47.56	___
16 West Covina		1:47.75	___
17 Webb		1:47.78	___
18 Crean Lutheran		1:47.81	___
19 Canyon-Canyon Co		1:47.82	___
20 Camarillo		1:48.00	___
21 Temescal Canyon		1:48.11	___
22 South Torrance		1:48.15	___
23 Burr Bur		1:48.25	___
24 Calvary Christia		1:48.28	___
25 Liberty		1:48.46	___
26 Hemet		1:48.53	___
27 Corona		1:48.71	___
28 Nordhoff		1:48.75	___
29 Alta Loma		1:49.20	___
30 Palm Desert		1:49.66	___
31 Warren		1:49.83	___
32 Chaparral		1:49.83	___
33 Brentwood		1:50.12	___
34 Immaculate Heart		1:50.23	___
35 Redlands EV		1:50.72	___
36 Gabrielino		1:51.01	___
37 Westlake		1:51.79	Alt
38 St. Joseph		1:52.06	Alt
39 Lakewood		1:52.12	Alt
40 Rosary		1:52.18	Alt

Event 18 Boys 200 Yard Freestyle Relay Varsity

Div 3 Meet: 1:24.73 2008 Oaks Christian

N Koon, M Craft, C Bloch, K Nielsen

NFHS Record: 1:19.27 2012 Jacksonville Bolles (FL)

R Murphy, J Schooling, S Condorelli, E Goossen

AA Auto: 1:24.34

AA Cons: 1:25.75

Team	Relay	Seed Time	Alt
1 Buena		1:29.60	___
2 Chaparral		1:29.74	___
3 Bonita		1:29.78	___
4 Flintridge Prep		1:30.04	___
5 Beverly Hills		1:31.97	___
6 King		1:32.05	___
7 Tustin		1:32.32	___
8 Burr Bur		1:32.48	___
9 Crossroads		1:32.52	___
10 Gabrielino		1:32.62	___
11 Great Oak		1:32.73	___
12 Cate		1:32.83	___
13 Nordhoff		1:32.88	___
14 Oak Park		1:32.90	___
15 Centennial-Cor		1:32.92	___
16 Bishop Montgomer		1:32.97	___
17 St Francis		1:32.98	___
18 Cabrillo(LB)		1:33.07	___
19 Citrus Valley		1:33.22	___
20 SJ Bosco		1:33.75	___
21 Rio Mesa		1:33.97	___
22 Covina		1:34.30	___
23 Quartz Hill		1:34.35	___
24 Burroughs-Ridg		1:34.38	___
25 Temescal Canyon		1:34.56	___
26 Alemany		1:34.62	___
27 San Dimas		1:34.65	___
28 Elsinore		1:34.68	___
29 Liberty		1:34.73	___
30 West Covina		1:34.76	___
31 Crespi		1:34.90	___
32 Fullerton		1:35.12	___
33 Calabasas		1:35.71	___
34 South Pasadena		1:35.72	___
35 Pacifica-GG		1:35.75	___
36 Sierra Canyon		1:35.77	___
37 Redlands EV		1:36.02	Alt
38 Whitney		1:36.13	Alt
39 Brentwood		1:36.16	Alt
40 Beaumont		1:36.35	Alt

Event 19 Girls 100 Yard Backstroke Varsity

Div 3 Meet: 52.63 5/2/2019 Tea Laughlin

NFHS Record: 49.61 2/10/2022 Claire Curzan

AA Auto: 54.73

AA Cons: 55.91

Name	Yr	School	Seed Time	Alt
1 Kayla Thompson	00	South Torrance	56.06	___

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Event 19 ... (Girls 100 Yard Backstroke Varsity)

Name	Yr	School	Seed Time	
2 Grace Wharton	Sr	El Modena	56.42	___
3 Jaydah Godbolt	So	Hemet	56.72	___
4 Bethany Burga	Jr	Quartz Hill	57.76	___
5 Morgan Carles	Jr	Ocean View	59.02	___
6 Caroline Bi	So	Oak Park	59.80	___
7 Camilla Guillermo	Jr	Burr Bur	1:00.88	___
8 Elizabeth Lee	Fr	Oxford	1:01.55	___
9 Madeline Stagg	Jr	Sage Hill	1:02.02	___
10 Autumn Moya	Jr	Corona	1:03.20	___
11 Madeline Yu	Jr	Canyon-Canyon Co	1:03.21	___
12 Riley Brunett	So	Palm Desert	1:03.56	___
13 Braelynn Davis	So	Chaparral	1:03.57	___
14 Audrey Clock	Sr	Cypress	1:03.68	___
15 Julia Glukhovskiy	Sr	Louisville	1:04.90	___
16 Emily Robertson	Jr	San Dimas	1:05.26	___
17 Abigail Eldridge	Sr	Xavier Prep	1:05.49	___
18 Mitra Satish	So	Westlake	1:05.67	___
19 Magnolia Ahking	Fr	Quartz Hill	1:05.72	___
20 Inessa Khajehgian	Jr	Glendale	1:06.13	___
21 Ruth Harkins	Sr	Crean Lutheran	1:06.16	___
22 Alexa Grant	So	Archer School fo	1:06.41	___
23 Genevieve Lackna	Fr	Crean Lutheran	1:06.53	___
24 Leah Courtney	00	Murrieta Mesa	1:06.76	___
25 Madison Poage	So	Buckley	1:07.07	___
26 Lila Gomez-Smith	Jr	Camarillo	1:07.19	___
27 Meredith Ho	So	Archer School fo	1:07.23	___
28 Maya Campo	Sr	Thousand Oaks	1:07.52	___
29 Jaden Loninia	Fr	Louisville	1:07.65	___
30 Analisa Strain	Fr	Rancho Cucamonga	1:08.04	___
31 Nina Arjomand	Sr	Archer School fo	1:08.09	___
32 Hadley Cochran	Jr	Crean Lutheran	1:08.14	___
33 Angie Zoric	Sr	Cate	1:08.17	___
34 Angelica Limon	Sr	Schurr	1:08.19	___
35 Madalynn De La Riva	Jr	Lakewood	1:08.21	___
36 Kate Alvarez	Jr	Webb	1:08.23	___
37 Keira Pak	So	El Dorado	1:08.23	___
38 Diana Yoo	Fr	South Torrance	1:08.56	Alt_
39 Nataly Agnew	Fr	La Habra	1:08.67	Alt_
40 Nina Sichta	So	Malibu	1:08.73	Alt_
41 Vianey Rojas	00	Temecula Valley	1:09.00	Alt_

Event 20 Boys 100 Yard Backstroke Varsity

Name	Yr	School	Seed Time	
1 Jack O'Shaughnessy	Sr	Bishop Montgomer	49.32	___
2 Jaiden Monroe	Sr	Rio Mesa	50.15	___
3 Nikita Cutidioc	Jr	Alemanly	52.93	___
4 Lincoln Jones	Jr	La Mirada	53.07	___
5 Ethan Soni	Jr	Hart	53.07	___
6 Flynn VanAuker	Fr	Nordhoff	54.95	___
7 Alexander Hernandez	Fr	Great Oak	54.95	___
8 Nathan Kim	Sr	St Francis	55.10	___

9 Ryan Dalton	Fr	Pacifica-GG	55.34	___
10 Kaelan Grimaldo	Jr	Alemanly	55.56	___
11 Jack Reardon	Jr	Xavier Prep	56.76	___
12 Marcos Cordero	Jr	Great Oak	57.23	___
13 Xander Martin	So	Quartz Hill	57.65	___
14 Archie Lai	So	Gabrielino	57.72	___
15 Nate Johnson	So	Buena	57.78	___
16 Josiah Hansen	Fr	Cate	57.97	___
17 Christopher Stoddard	Fr	Westminster	58.00	___
18 Thomas Romesser	So	Bishop Montgomer	58.11	___
19 Nolan Wyser	Sr	El Modena	58.23	___
20 Kristian Loza	Jr	Quartz Hill	58.35	___
21 Michael Ramirez	Sr	Buena	58.56	___
22 Nathaniel Brake	So	SJ Bosco	58.77	___
23 Ranger Murphree	Jr	Malibu	58.81	___
24 Elan Sklyar	So	Crespi	59.03	___
25 MingChen Jin	So	Oak Park	59.21	___
26 Lucas Teeter	Jr	Citrus Valley	59.40	___
27 Ben White	Jr	Cate	59.51	___
28 Jeremy Araneta	Sr	Elsinore	59.87	___
29 Kaden Tan	Sr	Gabrielino	59.97	___
30 Ethan Jung	Fr	South Pasadena	1:00.38	___
31 Ethan Kang	Jr	South Pasadena	1:00.44	___
32 Braden Dwelley	Sr	Elsinore	1:00.60	___
33 Chase Stanford	So	Quartz Hill	1:00.64	___
34 Kai Timbadia	So	Flintridge Prep	1:00.75	___
35 Jacob Bradbury	Jr	Beaumont	1:00.86	___
36 Daniel Yang	Jr	Peninsula	1:00.94	___
37 Ronan Whitmore	So	Great Oak	1:00.98	Alt_
38 Parker Montgomery	Jr	Bonita	1:00.98	Alt_
39 Gerald Garcia	Jr	SJ Bosco	1:00.98	Alt_
40 Scott Chung	Fr	Gabrielino	1:01.08	Alt_

Event 21 Girls 100 Yard Breaststroke Varsity

Name	Yr	School	Seed Time	
1 Melanie Pang	Fr	Costa Mesa	1:07.40	___
2 Chloe Rivers	So	Temescal Canyon	1:07.82	___
3 Faith Marshall	Jr	Royal	1:09.35	___
4 Audrey Lee	So	Rancho Cucamonga	1:10.32	___
5 Lily Surjadinata	Sr	El Dorado	1:10.50	___
6 Amelie Pinkernell	Sr	Nordhoff	1:10.62	___
7 Linden Wong	Jr	Brentwood	1:10.74	___
8 Ryann Priest	Jr	Crean Lutheran	1:10.75	___
9 Kianna Thai	Jr	Gabrielino	1:10.80	___
10 Ashlyn Allen	Jr	Redlands EV	1:11.37	___
11 Abby Guevara	00	Fullerton	1:11.41	___
12 Teagen Bivens	Fr	Western Chr	1:12.04	___
13 Ysabelle Lorenzo	00	Palm Desert	1:12.07	___
14 Mikayla Barre	Sr	Crean Lutheran	1:12.16	___
15 Taylor Cain	Fr	Crean Lutheran	1:12.17	___
16 Grace Asbury	Fr	Liberty	1:12.18	___
17 Olivia DeCierdo	Jr	Buena	1:12.21	___
18 Anya Juliano	Fr	Quartz Hill	1:12.32	___

Div 3 Meet: 1:01.75 2014

Ella Eastin

NFHS Record: 58.35 2/24/2020 Kaitlyn Dobler

AA Auto: 1:02.59

AA Cons: 1:03.78

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Event 21 ... (Girls 100 Yard Breaststroke Varsity)

Name	Yr	School	Seed Time	
19 Lily Guevara	Jr	Fullerton	1:12.60	___
20 Cynthia Lan	Jr	Yorba Linda	1:13.17	___
21 Krista Caballeros	Sr	Maranatha	1:13.53	___
22 Amy Chen	Fr	Westlake	1:13.59	___
23 Faith Kearns	So	San Dimas	1:13.73	___
24 Maggie Yan	00	Temecula Valley	1:14.14	___
25 Cara Chow	So	Calvary Christia	1:14.94	___
26 Jennie Wang	Fr	Oak Park	1:15.06	___
27 Kassidy Ly	Sr	West Covina	1:15.29	___
28 Ceylon Zappa	So	Malibu	1:15.40	___
29 Clara Gerlach	Fr	South Torrance	1:15.69	___
30 Emmalynn Tsai	Sr	Oak Park	1:15.69	___
31 Allie Jones	Sr	Cypress	1:16.08	___
32 Niamh Cooper	Sr	Xavier Prep	1:16.68	___
33 Analee Lam	Sr	Camarillo	1:16.77	___
34 Julia Dong	Fr	Sage Hill	1:17.38	___
35 Jasper Starr	Jr	Glendale	1:17.56	___
36 Coco Mangisi	Sr	Valencia-Placent	1:17.56	___
37 Shannon Bivens	Jr	Western Chr	1:17.70	Alt_
38 Izzy Morriss	Jr	Malibu	1:17.82	Alt_
39 Mercy Sandoke	Sr	Oxford	1:17.89	Alt_
40 Lorelai Hughes	Fr	Gabrielino	1:17.94	Alt_

Event 22 Boys 100 Yard Breaststroke Varsity

Div 3 Meet: 54.42 1982 Rickie Gill				
NFHS Record: 51.62 2/16/2018 Max McHugh				
AA Auto: 55.44				
AA Cons: 56.68				
Name	Yr	School	Seed Time	
1 Alex Thornton	Jr	Peninsula	56.50	___
2 Jaydan Chau	Sr	Covina	57.65	___
3 Conner Alvarez	So	Quartz Hill	58.64	___
4 Ian Kim	So	Cypress	58.89	___
5 Henry Yang	Fr	Flintridge Prep	59.18	___
6 Christopher Delacruz	Fr	Peninsula	59.33	___
7 David Toschak	Sr	Chaparral	59.71	___
8 Barron Murdock	So	El Modena	59.95	___
9 Bryce Hitter	Sr	Citrus Valley	1:00.10	___
10 Ethan Yun	Sr	Gabrielino	1:00.21	___
11 Aaron Mackinnon	Sr	Garden Grove	1:00.25	___
12 Luke Haas	So	Sierra Canyon	1:00.35	___
13 Cole Chang	Sr	Fullerton	1:00.38	___
14 Kevin Han	Fr	Peninsula	1:00.82	___
15 Nolan Yokoyama	Fr	Hart	1:00.93	___
16 Jake Hirshberg	Sr	Crossroads	1:00.94	___
17 Daniel Oroszlan	Sr	Calabasas	1:01.35	___
18 Benjamin McSorley	Sr	Nordhoff	1:01.37	___
19 Andrew Bui	Sr	Burroughs-Ridg	1:01.43	___
20 Phin Stephenson	Jr	Cate	1:01.45	___
21 Devon Liang	Fr	Cate	1:01.61	___
22 Roger Chen	Fr	SJ Bosco	1:01.77	___
23 Nathan Julian Burgos	Sr	Cypress	1:01.80	___
24 Grant Judkins	Jr	South Pasadena	1:01.96	___
25 Liam Kaas	Sr	Liberty	1:02.01	___
26 Dylan Pham	Sr	Cypress	1:02.11	___

27 March Yuan	Sr	Oak Park	1:02.28	___
28 Adam Taylor	Jr	Whitney	1:02.31	___
29 Xavier Potencion	Jr	Beaumont	1:02.53	___
30 Philip Lim	Fr	South Pasadena	1:02.99	___
31 Kairei Jones	Sr	Cate	1:03.10	___
32 Rithvik Ravishankar	So	Redlands EV	1:03.18	___
33 Gabriel Chiu	So	South Pasadena	1:03.23	___
34 Carlo Melendez	Sr	Temescal Canyon	1:03.46	___
35 Mosheh Villegas-Resenc	Sr	Cabrillo(LB)	1:03.79	___
36 Carter Russell	Fr	Yorba Linda	1:04.33	___
37 Aiden Goodall	Jr	Temescal Canyon	1:04.59	Alt_
38 Maksim Krishtall	Jr	Crespi	1:04.87	Alt_
39 Caeden Rigby	Sr	West Covina	1:04.93	Alt_
40 Almos Petho	Sr	Quartz Hill	1:05.35	Alt_

Event 23 Girls 400 Yard Freestyle Relay Varsity

Div 3 Meet: 3:21.41 2014 Crean Lutheran

E Eastin, E Eastin, T Jorgenson, L Engel

NFHS Record: 3:14.80 5/14/2022 Santa Margarita

M Hodges, T Salvino, T O'Dell, J Kozan

AA Auto: 3:27.68

AA Cons: 3:31.16

Team	Relay	Seed Time	
1 Quartz Hill		3:44.03	___
2 South Torrance		3:51.05	___
3 Cypress		3:51.10	___
4 Buena		3:51.44	___
5 Archer School fo		3:52.92	___
6 Costa Mesa		3:53.18	___
7 San Dimas		3:53.44	___
8 Temecula Valley		3:54.70	___
9 Marymount		3:54.80	___
10 Cate		3:55.52	___
11 Camarillo		3:56.04	___
12 Xavier Prep		3:56.05	___
13 Sage Hill		3:56.42	___
14 Burr Bur		3:56.77	___
15 Malibu		3:56.89	___
16 Temescal Canyon		3:57.13	___
17 Nordhoff		3:57.59	___
18 Warren		3:57.94	___
19 Valley View		3:57.96	___
20 Westlake		3:58.97	___
21 Foothill Tech		3:59.60	___
22 Liberty		3:59.96	___
23 St. Margarets		4:00.15	___
24 Hemet		4:00.54	___
25 Webb		4:00.76	___
26 Thousand Oaks		4:00.85	___
27 West Covina		4:03.48	___
28 Brentwood		4:03.59	___
29 Murrieta Mesa		4:04.21	___
30 Rancho Cucamonga		4:04.37	___
31 Corona		4:05.11	___
32 El Dorado		4:06.45	___
33 Crean Lutheran		4:06.63	___
34 Oak Park		4:06.67	___

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Psych Sheet - D3 Swimming Prelims

Event 23 ... (Girls 400 Yard Freestyle Relay Varsity)

	Team	Relay	Seed Time
35	Schurr		4:06.79 ____
36	Chaparral		4:07.66 ____
37	Immaculate Heart		4:09.22 Alt_
38	Lakewood		4:09.36 Alt_
39	Alta Loma		4:09.60 Alt_
40	Villanova Prep		4:09.81 Alt_

Event 24 Boys 400 Yard Freestyle Relay Varsity

Div 3 Meet: 3:07.62 2007 Oaks Christian

K Nielsen, J Pare, M Craft, N Koon

NFHS Record: 2:53.81 3/15/2018 North Allegheny (PA)

M Gonzalez, A Zhang, J Wright, R Mihm

AA Auto: 3:05.74

AA Cons: 3:08.40

	Team	Relay	Seed Time
1	Great Oak		3:18.39 ____
2	Flintridge Prep		3:18.88 ____
3	Buena		3:20.50 ____
4	Bonita		3:20.99 ____
5	Beverly Hills		3:23.37 ____
6	Oak Park		3:23.69 ____
7	Peninsula		3:23.78 ____
8	Crossroads		3:23.81 ____
9	Quartz Hill		3:23.98 ____
10	Bishop Montgomer		3:24.74 ____
11	Hart		3:26.19 ____
12	Garden Grove		3:26.27 ____
13	SJ Bosco		3:26.33 ____
14	Cypress		3:26.37 ____
15	Gabrielino		3:26.74 ____
16	Cate		3:26.75 ____
17	San Dimas		3:27.07 ____
18	La Mirada		3:27.78 ____
19	Centennial-Cor		3:27.80 ____
20	Redlands EV		3:27.84 ____
21	Citrus Valley		3:27.91 ____
22	Covina		3:28.14 ____
23	King		3:28.50 ____
24	El Modena		3:28.51 ____
25	Burroughs-Ridg		3:28.69 ____
26	Aleman		3:29.49 ____
27	St Francis		3:29.86 ____
28	Pacifica-GG		3:30.17 ____
29	Burr Bur		3:30.29 ____
30	Beaumont		3:31.42 ____
31	Liberty		3:31.50 ____
32	West Covina		3:32.68 ____
33	South Pasadena		3:32.70 ____
34	Temescal Canyon		3:32.79 ____
35	Sierra Canyon		3:33.20 ____
36	Palm Springs		3:33.88 ____
37	Brentwood		3:34.30 Alt_
38	Yucaipa		3:34.37 Alt_
39	Hemet		3:34.40 Alt_
40	La Quinta-Westmi		3:34.49 Alt_