

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 3 Girls 200 Yard Medley Relay Varsity**Div 3 Meet: 1:41.79 2014****Crean Lutheran****Crean Lutheran****Nat'l HS Rec: 1:39.25 2015****E Eastin, R Taylor, E Eastin, L Engel****Carmel (IN)****S Burchill, A Clarke, V Burchill, A Bilquist****AA Auto: 1:45.59 2016****AA Cons: 1:47.45 2016**

	Team	Relay	Seed Time	Prelim Time	Place
1	Poly/Pasadena		1:49.02		
2	Camarillo		1:50.31		
3	Walnut		1:52.29		
4	Viewpoint		1:54.18		
5	Santa Monica		1:54.29		
6	Westridge		1:54.32		
7	Marlborough		1:54.70		
8	Royal		1:55.02		
9	Beverly Hills		1:55.62		
10	Sierra Canyon		1:55.75		
11	Rio Mesa		1:56.01		
12	West Torrance		1:56.11		
13	South Torrance		1:56.20		
14	Xavier Prep		1:56.74		
15	Kennedy		1:56.78		
16	Poly/Riverside		1:57.47		
17	Mark Keppel		1:58.16		
18	Crossroads		1:58.70		
19	Morro Bay		1:59.26		
20	Flintridge Prep		1:59.29		
21	Cabrillo/Lompoc		1:59.39		
22	Saddleback Valley Christian		1:59.42		
23	La Serna High School		1:59.55		
24	Pacifica/Garden Grove		1:59.84		
25	Burroughs/Ridgecrest		2:01.08		
26	La Quinta/La Quinta		2:01.22		
27	Immaculate Heart		2:01.61		
28	Warren		2:01.99		
29	Lompoc		X2:01.99		
30	Moorpark		2:02.33		
31	Culver City		2:02.55		
32	Cypress		2:02.64		
33	Granite Hills		2:02.72		
34	Palm Desert		2:02.75		
35	Valley View		2:03.31		
36	Webb Schools		2:03.93		
37	Valencia/Placentia		2:03.99		
38	Mayfield Senior School		2:04.53	Alt	
39	Schurr		2:04.97	Alt	
40	Oxnard		2:05.05	Alt	
41	Apple Valley		2:05.22	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 4 Boys 200 Yard Medley Relay Varsity**Div 3 Meet: 1:33.78 2008****Oaks Christian****C Baratte, N Koon, C Bloch, M Craft****Nat'l HS Rec: 1:27.74 2014****Jacksonville Bolles (FL)****Kalishak, Tynes, McHugh, Selby****AA Auto: 1:34.13 2016****AA Cons: 1:35.69 2016**

	Team	Relay	Seed Time	Prelim Time	Place
1	Walnut		1:37.57		
2	Gabrielino		1:38.85		
3	Viewpoint		1:40.61		
4	La Serna High School		1:41.26		
5	Webb Schools		1:41.41		
6	Santa Monica		1:41.60		
7	Valencia/Placentia		1:41.63		
8	Flintridge Prep		1:41.71		
9	Mark Keppel		1:41.94		
10	Beverly Hills		1:42.36		
11	Kennedy		1:42.65		
12	Cypress		1:42.69		
13	Elsinore		1:42.92		
14	Rio Mesa		1:43.26		
15	Camarillo		1:43.38		
16	North, J.W.		1:43.66		
17	Nipomo		1:43.85		
18	Temescal Canyon		1:44.06		
19	Poly/Riverside		1:44.39		
20	Granite Hills		1:44.56		
21	Moorpark		1:44.94		
22	Culver City		1:45.42		
23	Crossroads		1:46.06		
24	Warren		1:46.06		
25	Burroughs/Ridgecrest		1:46.21		
26	Santa Fe		1:46.39		
27	Sierra Canyon		1:46.55		
28	Oxnard		1:46.97		
29	Pacifica/Oxnard		1:47.01		
30	Cabrillo/Lompoc		1:47.14		
31	Palm Desert		1:47.15		
32	Downey		1:47.28		
33	Torrance		1:47.61		
34	West Torrance		1:47.62		
35	Schurr		1:47.72		
36	El Segundo		1:48.19		
37	Pacifica/Garden Grove		1:48.22	Alt	
38	South Torrance		1:48.30	Alt	
39	San Gabriel High School		1:49.55	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 5 Girls 200 Yard Freestyle Varsity

Div 3 Meet: 1:47.48 2007
Nat'l HS Rec: 1:42.81 2008
AA Auto: 1:49.09 2016
AA Cons: 1:50.82 2016

Emily Bibb
Dagny Knutson

La Reina
Minot (ND)

	Name	Year	School	Seed Time	Prelim Time	Place
1	Cailey Renken	JR	Camarillo	1:53.40		
2	Susannah Laster	SO	Poly/Pasadena	1:53.94		
3	Bridgette Allison	JR	El Segundo	1:54.65		
4	Casey Cunningham	SR	Saddleback Valley Christian	1:54.85		
5	Alayna Gocke	SR	Nipomo	1:55.22		
6	Ella Prebel-Jackert	JR	Westridge	1:55.86		
7	Marissa Johnson	FR	Sierra Canyon	1:56.43		
8	Brittany Lam	FR	Camarillo	1:57.16		
9	Amanda Wilson	JR	Templeton	1:57.26		
10	Lena Pawlek	SO	Flintridge Prep	1:58.19		
11	Katelyn Young	FR	Walnut	1:58.96		
12	Aubree Fuher	JR	Valencia/Placentia	1:59.25		
13	Desiree Lewis	SO	Xavier Prep	2:00.25		
14	Ariel Forehand	JR	Xavier Prep	2:00.33		
15	Alexis Bauer	SO	Kennedy	2:00.70		
16	Marie Shimizu	SO	West Torrance	2:00.79		
17	Angelica Quesada	JR	Walnut	2:01.30		
18	Lindsay Pantell	FR	Marlborough	2:01.78		
19	Emma Mocharnuk	JR	Granite Hills	2:01.80		
20	Emily Alameddine	FR	Flintridge Prep	2:01.92		
21	Anna Billy	SR	Westridge	2:01.95		
22	Melanie Salgado	FR	Pacifica/Garden Grove	2:02.09		
23	Daria Peck	SR	South Torrance	2:02.13		
24	Cameron Kahn	SO	Marymount	2:02.65		
25	Carmen Ung	SO	Mark Keppel	2:03.32		
26	Daria Wood	SO	Palm Desert	2:03.32		
27	Holly Chang	JR	Elsinore	2:04.39		
28	Natalie Gold	JR	Santa Monica	2:04.76		
29	Lauren Bywater	SR	Poly/Riverside	2:05.47		
30	Samantha Mak	FR	Mark Keppel	2:05.56		
31	Haley Ditt	SR	Immaculate Heart	2:05.80		
32	Lindsay Jung	FR	Webb Schools	2:05.88		
33	Kayla Hosch	SO	Rio Mesa	2:05.97		
34	Maredith Berdeja	JR	Paramount	2:05.99		
35	Justine Castro	JR	Warren	2:05.99		
36	Natalie Smith	FR	Culver City	2:06.21		
37	Dana Twisk	SO	Tustin	2:06.28	Alt	
38	Alexandria Bouranis	FR	Camarillo	2:07.66	Alt	
39	Kaylin Akers	SO	Palm Springs	2:08.54	Alt	
40	Savannah Hampton	FR	La Quinta/La Quinta	2:08.70	Alt	
41	Kelly Bartlett	SO	Santa Monica	2:08.70	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 6 Boys 200 Yard Freestyle Varsity

Div 3 Meet: 1:37.80 1992
Nat'l HS Rec: 1:33.83 2009
AA Auto: 1:39.07 2016
AA Cons: 1:40.69 2016

Chad Carvin
Tom Shields

Laguna Hills
Edison (CA)

	Name	Year	School	Seed Time	Prelim Time	Place
1	Richard Parnell	SR	Webb Schools	1:46.09		
2	Nicholas Dykstra	JR	Camarillo	1:46.36		
3	Nate Biondi	JR	Sierra Canyon	1:46.49		
4	Lucas Weynand	JR	Moorpark	1:46.86		
5	Xander Lee	JR	Santa Monica	1:47.04		
6	Wyatt Marsalek	FR	Nipomo	1:47.10		
7	Miles Leon	SO	Gabrielino	1:47.17		
8	Luke Young	JR	Crossroads	1:47.53		
9	Billy So	SO	South Torrance	1:47.60		
10	Matthew Huang	JR	Walnut	1:47.74		
11	Bryan Perez	SO	Santa Fe	1:48.03		
12	Ethan Webster	FR	Windward	1:48.48		
13	Ryan Ward	SO	La Serna High School	1:48.64		
14	Jonathan Villa	SO	Warren	1:48.92		
15	Kenneth Garcia	SR	Torrance	1:48.99		
16	William Schodorf	FR	El Segundo	1:49.02		
17	Sam Hornaday	SO	Canyon Springs	1:49.41		
18	Ryan Chou	SO	Walnut	1:49.74		
19	Jason Afriat	SR	Calabasas	1:49.75		
20	Sean Wang	SR	Walnut	1:49.94		
21	Alex Trubnikov	JR	Santa Monica	1:50.36		
22	Reece Koe	JR	Rio Mesa	1:50.52		
23	Chase Halsey	JR	Temescal Canyon	1:50.79		
24	Dong Woo Kim	JR	Gahr	1:50.85		
25	Anthony Amezcua	JR	Pacifica/Oxnard	1:50.95		
26	Greg Ayzenberg	JR	Beverly Hills	1:51.01		
27	Wyatt Howard	FR	Moorpark	1:51.16		
28	Estevan Topete	SR	Pacifica/Oxnard	1:51.53		
29	Ronald Young	FR	San Gabriel High School	1:51.55		
30	Marcos Hillje-Enthoven	SO	Orcutt Academy	1:51.57		
31	Cole Brehm	JR	Saddleback Valley Christian	1:51.60		
32	Derrick Yen	SO	Valencia/Placentia	1:51.62		
33	Matthew Holt	SR	Santa Monica	1:51.97		
34	Jason Gottschalk	SR	Torrance	1:52.17		
35	Greg Williams	SR	Burroughs/Ridgecrest	1:52.21		
36	Mitchell Mortenson	FR	Crossroads	1:52.54		
37	SooHo Choi	SR	Cypress	1:52.62	Alt	
38	Andre Sam	SO	Gabrielino	1:52.66	Alt	
39	Colton Nelson	JR	Royal	1:52.82	Alt	
40	Jared Chavez	JR	Temescal Canyon	1:52.93	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 7 Girls 200 Yard IM Varsity

Div 3 Meet: 1:55.15 2013
Nat'l HS Rec: 1:53.82 2009
AA Auto: 2:02.49 2016
AA Cons: 2:04.60 2016

Ella Eastin
Dagny Knutson

Crean Lutheran
Minot (ND)

	Name	Year	School	Seed Time	Prelim Time	Place
1	Deanne Umbay	JR	Sierra Canyon	2:07.74		
2	Emily Honng	JR	Walnut	2:07.82		
3	Janika Ho	JR	Windward	2:10.95		
4	Sophia Lee	JR	Westridge	2:12.38		
5	Magie Le	JR	Rio Mesa	2:13.95		
6	Alyssa Marvin	JR	Morro Bay	2:14.55		
7	Heather Grotzinger	SR	Poly/Pasadena	2:14.80		
8	Roseryn Empremsilapa	JR	Kennedy	2:14.92		
9	Analysa Best	SO	Gahr	2:16.69		
10	Zoah Broaddus	SR	Marlborough	2:16.69		
11	Erin Fleet	SR	Xavier Prep	2:16.79		
12	Cecilia Magnani	SO	Moorpark	2:16.95		
13	Payton Wilmot	FR	Marlborough	2:17.07		
14	Katrina Lopez	SO	Mayfield Senior School	2:17.33		
15	Rylie Brick	FR	Webb Schools	2:17.40		
16	Emily Jacobs	FR	Flintridge Prep	2:17.86		
17	Alyssa Libang	FR	Royal	2:18.12		
18	Ocelli Altieri-Rivers	FR	Santa Monica	2:18.27		
19	Angelica Martinez	FR	El Rancho	2:18.60		
20	Hannah Kim	SO	West Torrance	2:18.94		
21	Jaime Wu	FR	Camarillo	2:19.10		
22	Denisse Tapawan	JR	Royal	2:19.88		
23	Alyssa Hill	SO	Rio Mesa	2:20.14		
24	Mary Spearman	SO	Immaculate Heart	2:20.65		
25	Ciara Orness	SO	Calabasas	2:21.09		
26	Maire Burschinger	JR	Marymount	2:21.36		
27	Allie Kim	FR	Marlborough	2:21.74		
28	Riley Small	FR	El Segundo	2:21.92		
29	Alejandra Villa	SO	Downey	2:22.06		
30	Lauren Wong	JR	Santa Monica	2:22.10		
31	Jessica Moore	SO	Tustin	2:22.15		
32	Gigi Teverbaugh	SR	Immaculate Heart	2:22.69		
33	Eugene Chi	FR	Beverly Hills	2:23.15		
34	Ashton Nguyen	JR	Cypress	2:23.34		
35	Ryan Hudson	SO	Palm Desert	2:23.45		
36	Mandy Strong	SR	La Quinta/La Quinta	2:23.67		
37	Elizabeth Kwong	JR	Orcutt Academy	2:24.02	Alt	
38	Rachael Brown	SO	Poly/Riverside	2:25.15	Alt	
39	Isabella Dominguez	SO	La Serna High School	2:25.65	Alt	
40	Caitlyn Woo	JR	Mark Keppel	2:26.49	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 8 Boys 200 Yard IM Varsity

Div 3 Meet: 1:49.71 2010
Nat'l HS Rec: 1:41.39 2011
AA Auto: 1:50.28 2016
AA Cons: 1:52.59 2016

Alwin Firmansyah
David Nolan

Cerritos
Hershey (PA)

	Name	Year	School	Seed Time	Prelim Time	Place
1	Javier Bernal	JR	North, J.W.	1:54.25	_____	_____
2	Jerry Chen	SR	Walnut	1:54.70	_____	_____
3	Ryo Kagawa	SR	North Torrance	1:59.16	_____	_____
4	Zachary Serrano	FR	California	1:59.57	_____	_____
5	Abraham Wei	SR	Mark Keppel	1:59.82	_____	_____
6	Jacob Christensen	JR	Valencia/Placentia	2:00.26	_____	_____
7	Austin Simpson	JR	Nipomo	2:00.27	_____	_____
8	Shrenil Sharma	SO	El Segundo	2:00.59	_____	_____
9	Nicholas Soukchareon	SR	Kennedy	2:00.66	_____	_____
10	Alex Feldman	SO	Sierra Canyon	2:00.81	_____	_____
11	Brandon Doyle	SR	Temescal Canyon	2:01.33	_____	_____
12	Masinsin Nicholas	SR	Moorpark	2:01.47	_____	_____
13	Brian Honng	FR	Walnut	2:01.57	_____	_____
14	Adonis Rivera	JR	Santa Fe	2:02.39	_____	_____
15	Sean Ward	SO	La Serna High School	2:02.40	_____	_____
16	Nick Mason	JR	Viewpoint	2:02.50	_____	_____
17	Christian Meyer	FR	Palm Springs	2:03.20	_____	_____
18	James Lee	JR	Torrance	2:03.70	_____	_____
19	Caden Tran	FR	Valencia/Placentia	2:04.05	_____	_____
20	Shota Ishizawa	SR	Beverly Hills	2:04.30	_____	_____
21	Jesse Barragan	SO	La Serna High School	2:04.39	_____	_____
22	Dylan Specht	SR	Camarillo	2:04.56	_____	_____
23	Sam Turley	SR	La Quinta/La Quinta	2:04.56	_____	_____
24	Marcus Powell	SO	Downey	2:04.66	_____	_____
25	Arturo Medina	FR	Oxnard	2:04.93	_____	_____
26	Evan Blaney	SR	Santa Monica	2:05.90	_____	_____
27	Manuel Guzman	SR	Pacifica/Oxnard	2:06.27	_____	_____
28	Garrett Cooper	SO	Granite Hills	2:06.90	_____	_____
29	Garrett Berg	FR	Royal	2:07.06	_____	_____
30	Eric Shen	SO	Palm Desert	2:07.55	_____	_____
31	Justin Clark	SR	Walnut	2:07.60	_____	_____
32	Darren Ma	JR	Walnut	2:07.76	_____	_____
33	Nolan Verdun	SR	Cypress	2:08.20	_____	_____
34	Jacob Haw	SR	Burroughs/Ridgecrest	2:08.25	_____	_____
35	Jeffrey Haegelin	SO	Poly/Pasadena	2:08.47	_____	_____
36	Michael Swieca	JR	Poly/Riverside	2:08.71	_____	_____
37	Shane Irwin	JR	Temescal Canyon	2:08.93	_____	Alt
38	Winston Chen	FR	Flintridge Prep	2:09.70	_____	Alt
39	Brandon Fang	JR	Webb Schools	2:10.05	_____	Alt
40	Alex Reddick	SR	Torrance	2:10.36	_____	Alt

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 9 Girls 50 Yard Freestyle Varsity

Div 3 Meet: 22.53 2013
Nat'l HS Rec: 21.64 2015
AA Auto: 23.31 2016
AA Cons: 23.71 2016

Lindsey Engel
Abbey Weitzel

Crean Lutheran
Saugus (CA)

	Name	Year	School	Seed Time	Prelim Time	Place
1	Amy Okada	SR	Beverly Hills	23.90		
2	Grace Williams	FR	Burroughs/Ridgecrest	24.22		
3	Meghan Go	SR	Immaculate Heart	24.40		
4	Katelyn O'Connor	JR	South Torrance	24.47		
5	Grace Carey	SO	Poly/Pasadena	24.48		
6	Cindy Ngo	SR	West Torrance	24.52		
7	Michelle Martin	JR	Mark Keppel	24.68		
8	Katelyn Thomas	SO	Heritage	24.73		
9	Rachel Min	JR	Poly/Pasadena	24.93		
10	Timea Birau	SO	Marlborough	24.98		
11	Julie Hartman	SO	Marlborough	25.07		
12	Anneliese Pettitt	JR	Valencia/Placentia	25.10		
13	Haley Calderon	FR	Lompoc	X25.12		
14	Torie White	SR	Morro Bay	25.25		
15	Raina Bell	SO	Granite Hills	25.32		
16	Amalie Luneng-Solis	JR	Santa Monica	25.37		
17	Alisa Cooke	SR	Royal	25.41		
18	Jailey Reeves	JR	Western	25.41		
19	Noelle Yoon	SR	Cypress	25.43		
20	Olympia Nagel-Caland	JR	Crossroads	25.45		
21	Mariana Peralta	JR	Pacifica/Oxnard	25.46		
22	Farah Stack	JR	Viewpoint	25.49		
23	Jillian Renken	FR	Camarillo	25.50		
24	Marissa Thompson	SR	Viewpoint	25.51		
25	Emily Patterson	SO	Camarillo	25.53		
26	Paulina Cordero	SR	Xavier Prep	25.57		
27	Malainy Lyskin	JR	Rio Mesa	25.64		
28	Hanna Landry	SR	Poly/Riverside	25.68		
29	Emma Mocharnuk	JR	Granite Hills	25.69		
30	Jordan Phillips	SO	Marlborough	25.71		
31	Alysa Parungao	SO	Santa Monica	25.75		
32	Ashley Lange	FR	Moorpark	25.80		
33	Samantha Smith	SR	Culver City	25.81		
34	Hunter Olivier	SR	La Quinta/La Quinta	25.82		
35	Emi Brehm	SO	Saddleback Valley Christian	25.90		
36	Michaela Kuelbs	JR	Viewpoint	25.98		
37	Erin DeAnda	JR	Walnut	26.04		
38	Ashley Cuan	SO	Mark Keppel	26.06	Alt	
39	Jacqueline Dumouchel	JR	Beverly Hills	26.09	Alt	
40	Sophia Nahass	JR	Santa Monica	26.14	Alt	
41	Madeline Callis	SR	Orcutt Academy	26.16	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 10 Boys 50 Yard Freestyle Varsity

Div 3 Meet:	19.43	2010	Vladimir Morozov	Torrance
Nat'l HS Rec:	19.43	2010	Vladimir Morozov	Torrance (CA)
AA Auto:	20.72	2016		
AA Cons:	21.04	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Andreas Langen	SO	Flintridge Prep	21.41		
2	Peyton Kiunke	FR	Nipomo	21.90		
3	Thomas Finello	SO	Viewpoint	21.94		
4	Justin Gomez	JR	North, J.W.	22.00		
5	David Albers	SR	Webb Schools	22.05		
6	Mitchell Conrow	JR	Palm Desert	22.15		
7	Spencer Allen	SO	Camarillo	22.18		
8	Brandon Bertolino	SR	Santa Monica	22.28		
9	Lance Oh	SR	Mark Keppel	22.36		
10	Kyle Rasmussen	SR	Temescal Canyon	22.40		
11	Richard Teng	SR	Walnut	22.41		
12	Sennen Chow	SO	Elsinore	22.43		
13	Justin Lam	JR	Gabrielino	22.49		
14	Luke Chen	SR	Alhambra	22.50		
15	Parker Stephenson	JR	Western	22.50		
16	Levi Murtaugh	SO	Poly/Riverside	22.52		
17	Winfred Wang	SO	Gabrielino	22.60		
18	Akili Allen	JR	Kennedy	22.63		
19	Joseph MacDonald	JR	Oxnard	22.68		
20	Ryan Milligan	SO	Poly/Riverside	22.78		
21	Troy Boydston	JR	Xavier Prep	22.78		
22	Bart Salvaterra	SO	Culver City	22.79		
23	Tim Nilan	JR	Downey	22.79		
24	Cameron Nares	SR	Pacifica/Oxnard	22.83		
25	Angelo Melendez	JR	Temescal Canyon	22.84		
26	Kyndall Ting	SR	Mark Keppel	22.85		
27	Alberto Cortes	JR	Cypress	22.88		
28	Braden McPhail	JR	Poly/Riverside	22.90		
29	Kyle Crist	SO	El Segundo	23.00		
30	Burfield Josh	JR	Granite Hills	23.00		
31	Antonio Di Ianni	SR	Pacifica/Oxnard	23.01		
32	Chris Perez	SR	La Serna High School	23.09		
33	Jason Curiel	SR	El Rancho	23.10		
34	Rafael Rivera-Hernandez	SO	Paramount	23.13		
35	Jonas Liptak	SR	Walnut	23.15		
36	Oliver Kablika	SR	Santa Monica	23.21		
37	Christopher Perez	SR	Heritage	23.22	Alt	
38	Tony Quan	SO	San Gabriel High School	23.22	Alt	
39	Gabe Clear	JR	Santa Ynez	23.22	Alt	
40	Warn Burt	SR	Santa Ynez	23.23	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 11 Girls 100 Yard Butterfly Varsity

Div 3 Meet: 53.93 2012
Nat'l HS Rec: 51.53 2015
AA Auto: 54.84 2016
AA Cons: 55.98 2016

Ella Eastin
Kathryn McLaughlin

Crean Lutheran
Santa Margarita

	Name	Year	School	Seed Time	Prelim Time	Place
1	Amy Okada	SR	Beverly Hills	54.51		
2	Janika Ho	JR	Windward	57.99		
3	Amanda Wilson	JR	Templeton	58.15		
4	Rachel Min	JR	Poly/Pasadena	58.42		
5	Cara Le	SO	Walnut	58.67		
6	Gabriela Maarse	JR	Poly/Pasadena	59.07		
7	Gazelle Umbay	SO	Sierra Canyon	59.07		
8	Victoria Sam	FR	Gabrielino	59.37		
9	Kate Fogassa	SO	Poly/Pasadena	59.63		
10	Michelle Martin	JR	Mark Keppel	1:00.07		
11	Zoah Broaddus	SR	Marlborough	1:00.30		
12	Alyssa Libang	FR	Royal	1:00.62		
13	Sabrina Gonzales	FR	Camarillo	1:00.77		
14	Jamie Dodd	SR	Beverly Hills	1:01.11		
15	Clara Kim	JR	Kennedy	1:01.21		
16	Jordan Phillips	SO	Marlborough	1:01.35		
17	Sophie Hoffmann	JR	Burroughs/Ridgecrest	1:01.37		
18	Irene Gil	FR	Immaculate Heart	1:02.05		
19	Kate Kaplan	SO	Viewpoint	1:02.37		
20	Hannah Kim	SO	West Torrance	1:02.55		
21	Nikki Rubio	SR	Walnut	1:02.82		
22	Jessica Moore	SO	Tustin	1:03.27		
23	Jordan Hazell	SR	Templeton	1:03.28		
24	Alyssa Hill	SO	Rio Mesa	1:03.56		
25	Jackie Cordero	FR	Xavier Prep	1:03.65		
26	Madeline Callis	SR	Orcutt Academy	1:03.70		
27	Angelica Martinez	FR	El Rancho	1:03.79		
28	Natalie Smith	FR	Culver City	1:04.45		
29	Savannah Cardenas	JR	La Serna High School	1:04.62		
30	Sophie Credo	FR	West Torrance	1:04.91		
31	Maggie Millar	SO	Marlborough	1:05.03		
32	Olympia Nagel-Caland	JR	Crossroads	1:05.07		
33	Ryan Hudson	SO	Palm Desert	1:05.08		
34	Elise Umetsu	SR	Camarillo	1:05.09		
35	Mandy Strong	SR	La Quinta/La Quinta	1:05.74		
36	Allison Tam	SR	Mark Keppel	1:05.80		
37	Julia Contractor	SR	Royal	1:05.83	Alt	
38	Abigail Burton	SO	Chino	1:05.95	Alt	
39	Alia Carlon	JR	Cabrillo/Lompoc	1:06.07	Alt	
40	Serena Prado	SR	Valley View	1:06.12	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 12 Boys 100 Yard Butterfly Varsity

Div 3 Meet:	47.13	2002	Michael Cavic	Tustin
Nat'l HS Rec:	45.52	2013	Joseph Schooling	Bolles (FL)
AA Auto:	49.37	2016		
AA Cons:	50.27	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Calvin Giang	JR	Gabrielino	51.33		
2	Rodrigo Baca	SR	Kennedy	51.37		
3	Derek Wan	SR	Walnut	51.82		
4	Colin Casey	JR	Santa Monica	52.15		
5	Richard Parnell	SR	Webb Schools	52.56		
6	Josh Monroe	SO	Rio Mesa	52.76		
7	Raymond Kam	SR	Gabrielino	52.87		
8	JP Mortenson	SO	Windward	53.08		
9	Nick Mason	JR	Viewpoint	53.09		
10	Brandon Lam	JR	Mark Keppel	53.40		
11	Bryan Perez	SO	Santa Fe	53.59		
12	Nicholas Allison	FR	El Segundo	54.07		
13	Andrew Tran	SO	Mark Keppel	54.10		
14	Carlos Heredia Viteri	JR	Schurr	54.20		
15	Winfred Wang	SO	Gabrielino	54.38		
16	Ryan Ward	SO	La Serna High School	54.52		
17	Tyler Melsheimer	JR	Nipomo	54.72		
18	Cole Brehm	JR	Saddleback Valley Christian	54.81		
19	Brian De Frates	SR	Elsinore	54.82		
20	Mitchell Mortenson	FR	Crossroads	55.06		
21	Shrenil Sharma	SO	El Segundo	55.06		
22	Jake Jepson	JR	Viewpoint	55.10		
23	Jacob Haw	SR	Burroughs/Ridgecrest	55.12		
24	Brett Bell	FR	Flintridge Prep	55.16		
25	Tyson Colton	JR	La Serna High School	55.18		
26	Tyler Strabel	SR	Temescal Canyon	55.29		
27	Harrison Mello	JR	Camarillo	55.49		
28	Alboroz Hosseini	FR	Beverly Hills	55.52		
29	Jeffrey Haegelin	SO	Poly/Pasadena	55.58		
30	Robert Lee	SR	Walnut	55.69		
31	Seong Min Youn	SO	Beverly Hills	55.70		
32	William Ngo	SO	West Torrance	55.70		
33	Clay Smith	JR	Granite Hills	55.77		
34	Sean King	JR	Flintridge Prep	55.90		
35	David Song	SR	Mark Keppel	55.90		
36	Bart Salvaterra	SO	Culver City	56.13		
37	Jason Afriat	SR	Calabasas	56.16	Alt	
38	Trevor Amy	JR	Warren	56.20	Alt	
39	Dominick Ta	JR	Cypress	56.21	Alt	
40	Kim Paulin	JR	Pacifica/Oxnard	56.68	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 13 Girls 100 Yard Freestyle Varsity

Div 3 Meet:	48.96	2013	Lindsey Engel	Crean Lutheran
Nat'l HS Rec:	47.09	2015	Abbey Weitzel	Saugus (CA)
AA Auto:	50.59	2016		
AA Cons:	51.40	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Meghan Go	SR	Immaculate Heart	52.68		
2	Katelyn O'Connor	JR	South Torrance	53.01		
3	Grace Williams	FR	Burroughs/Ridgecrest	53.15		
4	Bridgette Allison	JR	El Segundo	53.51		
5	Cindy Ngo	SR	West Torrance	53.67		
6	Alisa Cooke	SR	Royal	53.84		
7	Grace Carey	SO	Poly/Pasadena	54.18		
8	Farah Stack	JR	Viewpoint	54.24		
9	Noelle Yoon	SR	Cypress	54.68		
10	Mariana Peralta	JR	Pacifica/Oxnard	54.75		
11	Raina Bell	SO	Granite Hills	55.00		
12	Haley Calderon	FR	Lompoc	X55.25		
13	Zoe Darmon	SO	Crossroads	55.39		
14	Anneliese Pettitt	JR	Valencia/Placentia	55.47		
15	Torie White	SR	Morro Bay	55.77		
16	Timea Birau	SO	Marlborough	55.78		
17	Desiree Lewis	SO	Xavier Prep	55.78		
18	Victoria Ball	FR	Oxnard	55.92		
19	Julie Hartman	SO	Marlborough	55.98		
20	Olivia Shaw	SO	Immaculate Heart	56.00		
21	Paulina Cordero	SR	Xavier Prep	56.35		
22	Emily Patterson	SO	Camarillo	56.38		
23	Elsa Leung	SR	Mark Keppel	56.38		
24	Audrey Hattori	JR	Santa Monica	56.47		
25	Jessica Radwan	SR	Rio Mesa	56.56		
26	Erin DeAnda	JR	Walnut	56.59		
27	Oona Holahan	FR	Immaculate Heart	56.66		
28	Georgia Bogle	JR	Westridge	56.67		
29	Hunter Olivier	SR	La Quinta/La Quinta	56.91		
30	Samantha Mak	FR	Mark Keppel	57.31		
31	Valerie Ng	JR	West Torrance	57.43		
32	Valerie Vazquez	JR	Downey	57.52		
33	Jackie Cordero	FR	Xavier Prep	57.59		
34	Malainy Lyskin	JR	Rio Mesa	57.84		
35	Skylar Smith	SR	Beverly Hills	58.02		
36	Alexa Modry	FR	El Segundo	58.40		
37	Meagan Vail	SR	Cabrillo/Lompoc	58.51	Alt	
38	Melissa Montoya	FR	Paramount	58.59	Alt	
39	Caitlyn Woo	JR	Mark Keppel	58.61	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 14 Boys 100 Yard Freestyle Varsity

Div 3 Meet:	43.44	2010	Vladimir Morozov	Torrance
Nat'l HS Rec:	42.34	2011	David Nolan	Hershey (PA)
AA Auto:	45.28	2016		
AA Cons:	46.97	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Andreas Langen	SO	Flintridge Prep	47.32		
2	Peyton Kiunke	FR	Nipomo	48.14		
3	Nate Biondi	JR	Sierra Canyon	48.30		
4	Mitchell Conrow	JR	Palm Desert	48.72		
5	Akili Allen	JR	Kennedy	48.84		
6	David Albers	SR	Webb Schools	48.84		
7	Spencer Lowell	SO	La Quinta/La Quinta	48.87		
8	Kyle Rasmussen	SR	Temescal Canyon	48.91		
9	Spencer Allen	SO	Camarillo	48.96		
10	Lance Oh	SR	Mark Keppel	49.07		
11	Thomas Finello	SO	Viewpoint	49.11		
12	Justin Gomez	JR	North, J.W.	49.14		
13	Sennen Chow	SO	Elsinore	49.21		
14	Xander Lee	JR	Santa Monica	49.22		
15	Dylan Specht	SR	Camarillo	49.27		
16	Antonio Di Ianni	SR	Pacifica/Oxnard	49.28		
17	Matthew Huang	JR	Walnut	49.30		
18	Cameron Nares	SR	Pacifica/Oxnard	49.45		
19	Dong Woo Kim	JR	Gahr	49.65		
20	Tim Nilan	JR	Downey	49.67		
21	Kyle Crist	SO	El Segundo	49.85		
22	Troy Boydston	JR	Xavier Prep	50.03		
23	Kenneth Garcia	SR	Torrance	50.04		
24	Dustin Pwee	JR	Calabasas	50.08		
25	Howard Lau	SR	Gabrielino	50.13		
26	Greg Ayzenberg	JR	Beverly Hills	50.17		
27	Levi Murtaugh	SO	Poly/Riverside	50.19		
28	Ryan Milligan	SO	Poly/Riverside	50.23		
29	Alberto Cortes	JR	Cypress	50.36		
30	Daniel Choi	SR	Beverly Hills	50.37		
31	Jared Falkowski	JR	Apple Valley	50.39		
32	Shota Ishizawa	SR	Beverly Hills	50.43		
33	Warn Burt	SR	Santa Ynez	50.50		
34	Oliver Kablika	SR	Santa Monica	50.55		
35	Angelo Melendez	JR	Temescal Canyon	50.77		
36	Miles Leon	SO	Gabrielino	50.78		
37	Reece Koe	JR	Rio Mesa	50.78		
38	Reaph Whitebloom	JR	Santa Monica	50.78		
39	Richard Teng	SR	Walnut	50.80	Alt	
40	Andre Galvez	JR	Moorpark	50.87	Alt	
41	Gabe Rios	FR	La Serna High School	50.91	Alt	
42	Zachary Jenkins	SO	La Serna High School	50.92	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 15 Girls 500 Yard Freestyle Varsity

Div 3 Meet: 4:44.47 2013
Nat'l HS Rec: 4:34.78 2008
AA Auto: 4:52.18 2016
AA Cons: 4:57.63 2016

Ella Eastin
Dagny Knutson

Crean Lutheran
Minot (ND)

	Name	Year	School	Seed Time	Prelim Time	Place
1	Casey Cunningham	SR	Saddleback Valley Christian	5:04.22		
2	Marissa Johnson	FR	Sierra Canyon	5:08.98		
3	Cara Le	SO	Walnut	5:11.70		
4	Ella Prebel-Jackert	JR	Westridge	5:12.71		
5	Jamie Dodd	SR	Beverly Hills	5:13.10		
6	Chloe Park	SO	Royal	5:14.34		
7	Ocelli Altieri-Rivers	FR	Santa Monica	5:15.45		
8	Alayna Gocke	SR	Nipomo	5:16.85		
9	Isabella Siering	JR	Santa Monica	5:16.94		
10	Lena Pawlek	SO	Flintridge Prep	5:18.13		
11	Roseryn Empremsilapa	JR	Kennedy	5:20.31		
12	Aubree Fuher	JR	Valencia/Placentia	5:21.79		
13	Gazelle Umbay	SO	Sierra Canyon	5:21.86		
14	Cecilia Magnani	SO	Moorpark	5:24.10		
15	Angelica Quesada	JR	Walnut	5:24.51		
16	Daria Wood	SO	Palm Desert	5:24.75		
17	Clare Larsen	SO	Crossroads	5:24.98		
18	Anna Billy	SR	Westridge	5:25.34		
19	Emma Johansen	FR	Xavier Prep	5:25.44		
20	Nicole Ozawa	JR	Rio Mesa	5:26.07		
21	Emily Alameddine	FR	Flintridge Prep	5:26.53		
22	Irene Gil	FR	Immaculate Heart	5:26.65		
23	Marie Shimizu	SO	West Torrance	5:28.53		
24	Ariel Forehand	JR	Xavier Prep	5:29.74		
25	Lindsay Pantell	FR	Marlborough	5:30.51		
26	Analysa Best	SO	Gahr	5:33.28		
27	Rachel McCarty	FR	Poly/Riverside	5:33.93		
28	Holly Chang	JR	Elsinore	5:34.62		
29	Lauren Bywater	SR	Poly/Riverside	5:34.84		
30	Haley Ditt	SR	Immaculate Heart	5:34.88		
31	Meagan Stevens	SR	Cabrillo/Lompoc	5:35.14		
32	Maire Burschinger	JR	Marymount	5:35.72		
33	Lindsay Jung	FR	Webb Schools	5:36.11		
34	Jordan Hazell	SR	Templeton	5:36.98		
35	Dana Twisk	SO	Tustin	5:37.51		
36	Kelly Bartlett	SO	Santa Monica	5:38.84		
37	Alyson Edelstein	JR	Viewpoint	5:39.23	Alt	
38	Katelynn Vega	SR	Camarillo	5:39.62	Alt	
39	Kayla Hosch	SO	Rio Mesa	5:39.75	Alt	
40	Alexandria Bouranis	FR	Camarillo	5:40.30	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 16 Boys 500 Yard Freestyle Varsity

Div 3 Meet: 4:21.10 1992
Nat'l HS Rec: 4:13.87 2013
AA Auto: 4:29.64 2016
AA Cons: 4:34.58 2016

Chad Carvin
Jack Conger

Laguna Hills
Olney OLG (MD)

	Name	Year	School	Seed Time	Prelim Time	Place
1	Wyatt Marsalek	FR	Nipomo	4:41.94		
2	Lucas Weynand	JR	Moorpark	4:53.11		
3	Wyatt Howard	FR	Moorpark	4:53.86		
4	Christian Meyer	FR	Palm Springs	4:53.89		
5	Nicholas Dykstra	JR	Camarillo	4:54.10		
6	Ronald Young	FR	San Gabriel High School	4:54.42		
7	Jonathan Villa	SO	Warren	4:55.64		
8	Billy So	SO	South Torrance	4:55.86		
9	Marcos Hillje-Enthoven	SO	Orcutt Academy	4:56.02		
10	William Schodorf	FR	El Segundo	4:57.42		
11	Keshaun Patel	SO	Orcutt Academy	4:59.02		
12	Zachary Serrano	FR	California	5:00.84		
13	Sean Wang	SR	Walnut	5:01.87		
14	Colton Nelson	JR	Royal	5:02.16		
15	Nolan Verdun	SR	Cypress	5:03.42		
16	Sam Hornaday	SO	Canyon Springs	5:03.60		
17	Peter Harijanto	SO	Walnut	5:03.63		
18	Anthony Amezcua	JR	Pacifica/Oxnard	5:03.87		
19	Vincent Finello	SO	Viewpoint	5:04.42		
20	Noah Elston	SO	Rio Mesa	5:04.75		
21	Elias Gray	JR	Valencia/Placentia	5:05.44		
22	Andrew Maitam	JR	Calabasas	5:05.56		
23	Chase Halsey	JR	Temescal Canyon	5:05.63		
24	Andre Sam	SO	Gabrielino	5:06.11		
25	Jack Smith	FR	Rio Mesa	5:06.88		
26	Jason Gottschalk	SR	Torrance	5:07.60		
27	Dean Johnson	JR	Poly/Pasadena	5:07.73		
28	Brett Perlmutter	FR	Brentwood	5:08.15		
29	Joseph Montoya	SO	Camarillo	5:08.50		
30	Matthew Holt	SR	Santa Monica	5:08.65		
31	Pranay Singh	FR	Poly/Pasadena	5:09.00		
32	John Kim	JR	Beverly Hills	5:10.06		
33	Richard Tomlin	JR	Palm Desert	5:13.03		
34	Sebastien Banales	SO	Kennedy	5:13.24		
35	Mickey Matiss	SR	Calabasas	5:14.15		
36	Angel Lira	FR	Downey	5:14.19		
37	Francisco Osuna	FR	Downey	5:14.45	Alt	
38	Nick Ramsaur	JR	La Serna High School	5:14.90	Alt	
39	Jared Chavez	JR	Temescal Canyon	5:15.38	Alt	
40	Sam Waters	JR	Torrance	5:16.37	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 17 Girls 200 Yard Freestyle Relay Varsity**Div 3 Meet: 1:38.17 2014****Crean Lutheran****Crean Lutheran****Nat'l HS Rec: 1:30.72 2015****K Young, T Jorgenson, R Taylor, L Maurer****Carmel (IN)****V Burchill, C Adams, K Smith, T Rothrock****AA Auto: 1:36.02 2016****AA Cons: 1:37.45 2016**

	Team	Relay	Seed Time	Prelim Time	Place
1	Camarillo		1:41.07		
2	Poly/Pasadena		1:41.18		
3	Santa Monica		1:42.56		
4	Immaculate Heart		1:42.70		
5	Westridge		1:42.98		
6	Walnut		1:43.20		
7	Beverly Hills		1:43.50		
8	Viewpoint		1:43.56		
9	Cypress		1:44.36		
10	Sierra Canyon		1:44.79		
11	Crossroads		1:44.96		
12	Kennedy		1:45.22		
13	Burroughs/Ridgecrest		1:45.24		
14	Cabrillo/Lompoc		1:45.31		
15	Royal		1:45.41		
16	Marlborough		1:45.68		
17	La Quinta/La Quinta		1:45.92		
18	Mark Keppel		1:46.26		
19	Granite Hills		1:46.38		
20	Rio Mesa		1:46.49		
21	Saddleback Valley Christian		1:46.87		
22	Valencia/Placentia		1:46.98		
23	Culver City		1:47.45		
24	South Torrance		1:47.48		
25	Pacifica/Garden Grove		1:47.78		
26	Poly/Riverside		1:48.01		
27	Temescal Canyon		1:48.17		
28	Lompoc		X1:48.19		
29	Warren		1:48.54		
30	Gabrielino		1:49.47		
31	El Segundo		1:49.48		
32	Webb Schools		1:49.61		
33	Moorpark		1:49.64		
34	Xavier Prep		1:49.86		
35	Valley View		1:49.88		
36	Paramount		1:50.09		
37	Templeton		1:50.43		
38	Palm Desert		1:50.50	Alt	
39	Schurr		1:50.68	Alt	
40	La Serna High School		1:50.87	Alt	
41	Nipomo		1:50.94	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 18 Boys 200 Yard Freestyle Relay Varsity**Div 3 Meet: 1:24.73 2008****Oaks Christian****Nat'l HS Rec: 1:19.27 2012****N Koon, M Craft, C Bloch, K Nielsen****Jacksonville Bolles (FL)****Mucphy, Schooling, Condorelli, Goossen****AA Auto: 1:25.05 2016****AA Cons: 1:26.40 2016**

	Team	Relay	Seed Time	Prelim Time	Place
1	Mark Keppel		1:30.41		
2	Walnut		1:30.60		
3	Gabrielino		1:30.80		
4	Cypress		1:31.51		
5	Temescal Canyon		1:31.72		
6	Santa Monica		1:32.02		
7	Webb Schools		1:32.19		
8	La Quinta/La Quinta		1:32.24		
9	Poly/Riverside		1:32.45		
10	Santa Ynez		1:32.79		
11	El Segundo		1:33.02		
12	Rio Mesa		1:33.07		
13	Camarillo		1:33.15		
14	Culver City		1:33.30		
15	Flintridge Prep		1:33.41		
16	La Serna High School		1:33.56		
17	Granite Hills		1:33.68		
18	Cabrillo/Lompoc		1:33.71		
19	Sierra Canyon		1:33.74		
20	Viewpoint		1:33.84		
21	Calabasas		1:33.98		
22	Moorpark		1:34.28		
23	Beverly Hills		1:34.43		
24	Valencia/Placentia		1:34.50		
25	Crossroads		1:34.68		
26	Torrance		1:34.75		
27	Santa Fe		1:35.03		
28	Saddleback Valley Christian		1:35.21		
29	Burroughs/Ridgecrest		1:35.24		
30	Elsinore		1:35.29		
31	Nipomo		1:35.36		
32	Warren		1:35.49		
33	Charter Oak		1:35.50		
34	Downey		1:35.51		
35	North, J.W.		1:35.66		
36	Palm Desert		1:35.96		
37	Pacifica/Oxnard		1:36.01	Alt	
38	Paramount		1:36.01	Alt	
39	Chadwick		1:36.45	Alt	
40	Pacifica/Garden Grove		1:36.45	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 19 Girls 100 Yard Backstroke Varsity

Div 3 Meet:	53.60	2011	Lindsey Engel	Crean Lutheran
Nat'l HS Rec:	51.43	2012	Olivia Smoliga	Evanston (IL)
AA Auto:	55.31	2016		
AA Cons:	56.51	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Katelyn Thomas	SO	Heritage	57.70		
2	Deanne Umbay	JR	Sierra Canyon	58.63		
3	Victoria Sam	FR	Gabrielino	59.64		
4	Alysa Parungao	SO	Santa Monica	1:00.62		
5	Elsa Leung	SR	Mark Keppel	1:00.69		
6	Jailey Reeves	JR	Western	1:00.69		
7	Susannah Laster	SO	Poly/Pasadena	1:01.04		
8	Sophie Hoffmann	JR	Burroughs/Ridgecrest	1:01.42		
9	Chloe Park	SO	Royal	1:01.47		
10	Ashton Nguyen	JR	Cypress	1:02.80		
11	Emma Johansen	FR	Xavier Prep	1:02.83		
12	Maggie Millar	SO	Marlborough	1:02.93		
13	Melanie Salgado	FR	Pacifica/Garden Grove	1:02.97		
14	Samantha Smith	SR	Culver City	1:03.39		
15	Katelyn Young	FR	Walnut	1:03.45		
16	Victoria Ball	FR	Oxnard	1:03.56		
17	Isabella Siering	JR	Santa Monica	1:03.57		
18	Kate Fogassa	SO	Poly/Pasadena	1:03.87		
19	Sabrina Gonzales	FR	Camarillo	1:04.06		
20	Tara Cuan	SR	Mark Keppel	1:04.06		
21	Jessica Radwan	SR	Rio Mesa	1:04.13		
22	Zoe Darmon	SO	Crossroads	1:04.23		
23	Nicole Ozawa	JR	Rio Mesa	1:04.38		
24	Lauren Wong	JR	Santa Monica	1:04.38		
25	Cameron Kahn	SO	Marymount	1:04.50		
26	Zoe Wilson	JR	Valley View	1:04.84		
27	Jaime Wu	FR	Camarillo	1:04.91		
28	Rylan Scott	JR	Cabrillo/Lompoc	1:05.34		
29	Hannah Faulwell	SO	Royal	1:05.37		
30	Sophie Credo	FR	West Torrance	1:05.52		
31	Sydney Cahill	FR	Immaculate Heart	1:05.55		
32	Kalina Bakardzhieva	SR	West Torrance	1:05.63		
33	Helen Chu	FR	Walnut	1:05.68		
34	Rebecca Wang	JR	Westridge	1:05.84		
35	Nicole Zarinan	SO	Cabrillo/Lompoc	1:06.03		
36	Kiley Prendergast	FR	South Torrance	1:06.13		
37	Jordan Dufour	FR	Cypress	1:06.22	Alt	
38	Julia Ramos	SR	Charter Oak	1:06.51	Alt	
39	Gigi Teverbaugh	SR	Immaculate Heart	1:06.56	Alt	
40	Audrey Heng	FR	Walnut	1:06.66	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 20 Boys 100 Yard Backstroke Varsity

Div 3 Meet:	47.55	2002	Michael Cavic	Tustin
Nat'l HS Rec:	45.34	2012	Ryan Murphy	Bolles (FL)
AA Auto:	49.85	2016		
AA Cons:	51.13	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Jerry Chen	SR	Walnut	50.71		
2	Calvin Giang	JR	Gabrielino	51.34		
3	Derek Wan	SR	Walnut	52.77		
4	Josh Monroe	SO	Rio Mesa	53.16		
5	Alex Feldman	SO	Sierra Canyon	54.05		
6	Brandon Lam	JR	Mark Keppel	54.22		
7	Rodrigo Baca	SR	Kennedy	54.23		
8	Colin Casey	JR	Santa Monica	54.40		
9	Brett Bell	FR	Flintridge Prep	54.62		
10	Ethan Webster	FR	Windward	54.89		
11	Greg Williams	SR	Burroughs/Ridgecrest	54.94		
12	JP Mortenson	SO	Windward	55.32		
13	William Ngo	SO	West Torrance	55.41		
14	Luke Young	JR	Crossroads	55.58		
15	Raymond Lee	FR	Mark Keppel	55.61		
16	Abraham Wei	SR	Mark Keppel	55.62		
17	Darren Ma	JR	Walnut	55.67		
18	James Lee	JR	Torrance	55.83		
19	Nicholas Allison	FR	El Segundo	56.13		
20	Sam Turley	SR	La Quinta/La Quinta	56.17		
21	Nicholas Soukchareon	SR	Kennedy	56.66		
22	Ryan Chou	SO	Walnut	56.70		
23	Harrison Mello	JR	Camarillo	56.80		
24	Seong Min Youn	SO	Beverly Hills	56.89		
25	Winston Chen	FR	Flintridge Prep	56.90		
26	Brandon Fang	JR	Webb Schools	56.90		
27	Tony Quan	SO	San Gabriel High School	57.03		
28	Derrick Yen	SO	Valencia/Placentia	57.15		
29	Edgar Fabian	JR	Warren	57.34		
30	Brandon Bertolino	SR	Santa Monica	57.87		
31	Tyler Melsheimer	JR	Nipomo	57.89		
32	Vincent Finello	SO	Viewpoint	57.97		
33	Nolan Santala	FR	Nipomo	58.48		
34	Benjamin McCombs	FR	Poly/Riverside	58.49		
35	Zachary Kinman	SR	Orcutt Academy	58.54		
36	Darren Azzou	JR	North, J.W.	58.58		
37	Marty Kourakos	SR	Cabrillo/Lompoc	58.62	Alt	
38	Michael Dominguez	JR	Whittier	58.76	Alt	
39	Tristan Quiane	SR	Culver City	59.07	Alt	
40	SooHo Choi	SR	Cypress	59.12	Alt	
41	Michael Swieca	JR	Poly/Riverside	59.12	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 21 Girls 100 Yard Breaststroke Varsity

Div 3 Meet:	1:01.75	2014	Ella Eastin	Crean Lutheran
Nat'l HS Rec:	58.56	2015	Lindsey Horejsi	Albert Lea (MN)
AA Auto:	1:03.22	2016		
AA Cons:	1:04.66	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Cailey Renken	JR	Camarillo	1:02.30		
2	Emily Honng	JR	Walnut	1:03.66		
3	Jillian Renken	FR	Camarillo	1:07.17		
4	Magie Le	JR	Rio Mesa	1:08.39		
5	Alissa Marvin	JR	Morro Bay	1:08.60		
6	Sophia Lee	JR	Westridge	1:08.64		
7	Marissa Thompson	SR	Viewpoint	1:08.75		
8	Gabriela Maarse	JR	Poly/Pasadena	1:08.81		
9	Brittany Lam	FR	Camarillo	1:09.03		
10	Emily Jacobs	FR	Flintridge Prep	1:09.38		
11	Carmen Ung	SO	Mark Keppel	1:09.38		
12	Alexis Bauer	SO	Kennedy	1:09.83		
13	Rylie Brick	FR	Webb Schools	1:09.85		
14	Katrina Lopez	SO	Mayfield Senior School	1:09.94		
15	Daria Peck	SR	South Torrance	1:10.72		
16	Amalie Luneng-Solis	JR	Santa Monica	1:10.94		
17	Hanna Landry	SR	Poly/Riverside	1:11.12		
18	Carissa Perez	JR	La Serna High School	1:11.20		
19	Heather Grotzinger	SR	Poly/Pasadena	1:11.24		
20	Ciara Orness	SO	Calabasas	1:11.41		
21	Clara Kim	JR	Kennedy	1:11.97		
22	Elmerick Emily	JR	Santa Ynez	1:12.23		
23	Payton Wilmot	FR	Marlborough	1:12.56		
24	Denisse Tapawan	JR	Royal	1:12.66		
25	Clare Larsen	SO	Crossroads	1:12.87		
26	Erin Fleet	SR	Xavier Prep	1:13.19		
27	Elizabeth Kwong	JR	Orcutt Academy	1:13.65		
28	Katelynn Vega	SR	Camarillo	1:13.97		
29	Valerie Ng	JR	West Torrance	1:14.01		
30	Ashley Cuan	SO	Mark Keppel	1:14.20		
31	Paige Schoppe	SR	La Quinta/La Quinta	1:14.55		
32	Oona Holahan	FR	Immaculate Heart	1:14.67		
33	Connie Chen	JR	South Torrance	1:14.67		
34	Emily Hughes	SR	Poly/Riverside	1:14.69		
35	Eugene Chi	FR	Beverly Hills	1:14.80		
36	Natalie Gold	JR	Santa Monica	1:14.83		
37	Shae Mackler	FR	Saddleback Valley Christian	1:15.04	Alt	
38	Megan Henry	SO	Warren	1:15.09	Alt	
39	Alexandra Nichols	JR	Immaculate Heart	1:15.48	Alt	
40	Allie Kim	FR	Marlborough	1:15.53	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 22 Boys 100 Yard Breaststroke Varsity

Div 3 Meet:	54.42	1982	Rickie Gill	Palm Springs
Nat'l HS Rec:	52.65	2016	Chandler Bray	Avon (IN)
AA Auto:	56.25	2016		
AA Cons:	57.49	2016		

	Name	Year	School	Seed Time	Prelim Time	Place
1	Ryo Kagawa	SR	North Torrance	57.21		
2	Jacob Christensen	JR	Valencia/Placentia	58.56		
3	Sean Ward	SO	La Serna High School	59.12		
4	Masinsin Nicholas	SR	Moorpark	59.34		
5	Raymond Kam	SR	Gabrielino	1:00.23		
6	Adonis Rivera	JR	Santa Fe	1:00.64		
7	Austin Simpson	JR	Nipomo	1:01.05		
8	Javier Bernal	JR	North, J.W.	1:01.10		
9	Brian Honng	FR	Walnut	1:01.25		
10	Brandon Doyle	SR	Temescal Canyon	1:01.66		
11	Derek Nguyen	SO	Cypress	1:01.86		
12	Matthew Delgado	SR	La Serna High School	1:02.42		
13	Garrett Cooper	SO	Granite Hills	1:02.62		
14	John Kim	JR	Beverly Hills	1:02.77		
15	Kyndall Ting	SR	Mark Keppel	1:03.30		
16	Thomas Ho	SR	Mark Keppel	1:03.54		
17	Ori Morton	SR	Pacifica/Garden Grove	1:03.55		
18	Evan Blaney	SR	Santa Monica	1:03.64		
19	Arturo Medina	FR	Oxnard	1:03.95		
20	Caden Tran	FR	Valencia/Placentia	1:03.97		
21	Shane Irwin	JR	Temescal Canyon	1:04.04		
22	Victor Urias	JR	La Serna High School	1:04.51		
23	Jesse Barragan	SO	La Serna High School	1:04.53		
24	Howard Lau	SR	Gabrielino	1:04.57		
25	Carlos Heredia Viteri	JR	Schurr	1:04.74		
26	David Song	SR	Mark Keppel	1:04.87		
27	Jordon Yu	FR	Mark Keppel	1:05.06		
28	Kyle Trieu	SR	Walnut	1:05.13		
29	Marcus Powell	SO	Downey	1:05.15		
30	Euson Hui	SO	Webb Schools	1:05.31		
31	Nolan Santala	FR	Nipomo	1:05.39		
32	Eric Shen	SO	Palm Desert	1:05.65		
33	Nigel Rueda	SR	Schurr	1:05.70		
34	Garrett Berg	FR	Royal	1:05.81		
35	Dustin Pwee	JR	Calabasas	1:05.82		
36	Robert Pluimer	JR	Poly/Riverside	1:05.88		
37	Jonathan Nguyen	SO	Cypress	1:05.89		Alt
38	Matt Dalberg	JR	Nipomo	1:06.01		Alt
39	Perry Trinh	SR	Gabrielino	1:06.11		Alt
40	Jack Weggeland	SO	Poly/Riverside	1:06.14		Alt

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 23 Girls 400 Yard Freestyle Relay Varsity**Div 3 Meet: 3:21.41 2014****Crean Lutheran****Crean Lutheran****Nat'l HS Rec: 3:15.38 2015****E Eastin, E Eastin, T Jorgenson, L Engel****Carmel (IN)****V Burchill, C Adams, K Smith, A Bilquist****AA Auto: 3:28.71 2016****AA Cons: 3:32.15 2016**

	Team	Relay	Seed Time	Prelim Time	Place
1	Poly/Pasadena		3:39.83		
2	Walnut		3:40.16		
3	Camarillo		3:40.42		
4	Marlborough		3:44.56		
5	Immaculate Heart		3:45.41		
6	Beverly Hills		3:46.53		
7	Rio Mesa		3:47.15		
8	Xavier Prep		3:48.50		
9	Santa Monica		3:48.98		
10	Valencia/Placentia		3:50.02		
11	West Torrance		3:50.50		
12	Cypress		3:50.70		
13	Royal		3:51.42		
14	Burroughs/Ridgecrest		3:51.76		
15	Granite Hills		3:52.15		
16	Westridge		3:52.25		
17	Viewpoint		3:53.27		
18	Flintridge Prep		3:53.78		
19	Mark Keppel		3:54.39		
20	La Quinta/La Quinta		3:55.13		
21	Schurr		3:57.92		
22	Temescal Canyon		3:58.31		
23	Cabrillo/Lompoc		3:58.66		
24	Templeton		3:59.60		
25	Poly/Riverside		3:59.90		
26	Palm Desert		3:59.95		
27	Saddleback Valley Christian		4:00.27		
28	El Segundo		4:00.62		
29	Nipomo		4:01.54		
30	South Torrance		4:01.94		
31	Oxnard		4:02.57		
32	Gabrielino		4:02.77		
33	Mayfield Senior School		4:03.21		
34	Pacifica/Oxnard		4:03.44		
35	Marymount		4:03.72		
36	Orcutt Academy		4:03.73		
37	Warren		4:04.32	Alt	
38	Paramount		4:04.38	Alt	
39	Valley View		4:04.59	Alt	
40	Pacifica/Garden Grove		4:04.84	Alt	

2016 CIF-SS Division 3 - 5/9/2016 to 5/12/2016
CIF-SS Ford Div 3 Swimming & Diving Champs
Presented by Farmers
Psych Sheet - CIF DIV 3 Swimming Prelims

Event 24 Boys 400 Yard Freestyle Relay Varsity**Div 3 Meet: 3:07.62 2007****Oaks Christian****Nat'l HS Rec: 2:54.43 2012****K Nielsen, J Pare, M Craft, N Koon****Jacksonville Bolles (FL)****Murphy, Condorelli, Booth, Schooling****AA Auto: 3:06.58 2016****AA Cons: 3:09.68 2016**

	Team	Relay	Seed Time	Prelim Time	Place
1	Walnut		3:15.70		
2	Flintridge Prep		3:17.59		
3	Gabrielino		3:18.22		
4	Camarillo		3:20.06		
5	Pacifica/Oxnard		3:20.47		
6	Nipomo		3:20.63		
7	Mark Keppel		3:20.66		
8	Kennedy		3:21.72		
9	Webb Schools		3:22.30		
10	Cypress		3:22.56		
11	Valencia/Placentia		3:24.03		
12	Poly/Riverside		3:24.07		
13	North, J.W.		3:24.15		
14	La Serna High School		3:24.26		
15	El Segundo		3:24.79		
16	Torrance		3:24.94		
17	La Quinta/La Quinta		3:25.14		
18	Santa Ynez		3:25.35		
19	Temescal Canyon		3:25.40		
20	Beverly Hills		3:25.41		
21	Viewpoint		3:25.51		
22	Calabasas		3:25.63		
23	Granite Hills		3:26.33		
24	Oxnard		3:26.54		
25	Palm Desert		3:27.77		
26	Rio Mesa		3:28.92		
27	Cabrillo/Lompoc		3:29.00		
28	Downey		3:29.56		
29	Elsinore		3:29.98		
30	Saddleback Valley Christian		3:31.18		
31	West Torrance		3:31.60		
32	Warren		3:32.16		
33	Schurr		3:33.64		
34	Santa Monica		3:34.80		
35	Orcutt Academy		3:34.90		
36	Crossroads		3:35.23		
37	Brentwood		3:35.88	Alt	
38	Paramount		3:36.05	Alt	
39	Santa Fe		3:36.22	Alt	
40	South Torrance		3:36.47	Alt	